

GPL0612

Glutebuilder Plate Loaded

Hip Thrust Elite



Developed in partnership with Glutebuilder and exclusively available from Precor, the Glutebuilder plate loaded line is a full range of products dedicated to targeting the glutes, legs and hip muscles. The precision biomechanics create an exact motion path with smooth, constant resistance, ensuring effective and efficient workouts. The multiple adjustment points allow exercisers to find the perfect fit and range of motion for each exercise.

The Hip Thrust Elite is the Smith Machine for the glutes! Exercisers can move the barbell freely up and down, or slide it for a perfect fit for every body. Double linear carriage allows the barbell to move with the motion of the exerciser, replicating the natural mechanics of the movement.



GPL0612

Glutebuilder Plate Loaded

Hip Thrust Elite

Natural movement

Designed with a double linear bearing system, the barbell moves freely with the exerciser in both a vertical and horizontal direction throughout the movement.

Non-slip foot platform

The unique 3D angled non-slip foot plate provides consistent foot contact throughout the range of motion, while allowing external hip rotation.

Adjustable back and shoulder pads

The shoulder pads and an oversized back pad easily adjust allowing exercisers to get the right fit for their body, providing stability, and improving exerciser technique.

Exercise progression

Two connection points for resistance bands offer exercisers the ability to enhance exercise variety.



Specifications

Dimensions (L x W x H): 196 x 17 x 130 cm

Equipment weight: 249 kg

Max. load weight: 300 kg

Max. user weight: 159 kg

Starting weight: 30 kg

Recommended weight plates: 4 x 20 kg, 2 x 15 kg, 2 x 10 kg, 2 x 5 kg

Weight storage horns: 4

Frame and finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most severe environments. Powder-coated frame.

Warranty: Visit www.precor.co.uk for warranty terms.

Colour options*

Frame



Black Pearl



Gloss Metallic



Gloss White**

Upholstery



Black

Additional Upholstery Options**



Grey



Slate



American
Beauty



Toffee Apple



All Spice



Bucksuede



Burgundy



Royal Blue



Blue Jay



Chocolate



Hunter Green

* Custom frame colours are available, subject to minimum order quantities and extended lead times.

**Additional lead time applies.

• Additional upholstery options may have longer lead times. Please contact a sales representative.

• Colours may vary.

**Additional lead time applies.