

GPL0363

Glutebuilder Plate Loaded

Kneeling Glute Isolator



Developed in partnership with Glutebuilder and exclusively available from Precor, the Glutebuilder plate loaded line is a full range of products dedicated to targeting the glutes, legs and hip muscles. The precision biomechanics create an exact motion path with smooth, constant resistance, ensuring effective and efficient workouts. The multiple adjustment points allow exercisers to find the perfect fit and range of motion for each exercise.

The Kneeling Glute Isolator was designed to isolate and engage the glutes throughout exercise movement, while the large knee and shoulder pad provide stability.



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Kneeling Glute Isolator III

Precision biomechanics

The movement minimises quad and hamstring involvement, while the hip pad keeps the glutes engaged throughout the extension, promoting a full range of motion for the glutes muscles.

Adjustable knee and shoulder pads

The large knee pad, shoulder pad and foot bar easily adjust, allowing exercisers to get the right fit for their body and providing stability during the movement.

Weight storage horns

Weight horns are positioned at an optimal height for easy loading and unloading of weights, and provide storage for extra weight plates.

Specifications

Dimensions (L x W x H): 165 x 150 x 142 cm

Equipment weight: 220 kg

Max. load weight: 100 kg

Max. user weight: 159 kg

Starting weight: 7 kg

Recommended weight plates: 2 x 20 kg, 1 x 15 kg, 1 x 10 kg, 1 x 5 kg

Weight storage horns: 1

Frame and finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most severe environments. Powder-coated frame.

Warranty: Visit www.precor.co.uk for warranty terms.



Colour options*

Frame



Black Pearl

Gloss Metallic

Gloss White**

Upholstery



Black

Additional upholstery options**



Grey

Slate

American
Beauty

Toffee Apple

All Spice

Bucksuede



Burgundy



Royal Blue



Blue Jay



Chocolate



Hunter Green

* Custom frame colours are available, subject to minimum order quantities and extended lead times.

**Additional lead time applies.

• Additional upholstery options may have longer lead times. Please contact a sales representative.

• Colours may vary.

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