## GBR0107

# Glutebuilder® Benches and Racks

# Glutebuilder Box Pro III

Designed by Glutebuilder® and exclusively available from Precor, the Box Pro is a patented, angled, multi-functional training box designed to perform more than 30 exercises that effectively and comfortably target the glute muscles. A sturdy platform with smooth, curved edges provides stability and promotes proper form for exercises like squats and hip extensions. The versatile, non-intimidating design facilitates easy movement between different training spaces, including group classes, free-weight areas and the functional fitness floor.

#### Train anywhere

Built with commercial-grade materials to meet the demands of high-use facilities, the lightweight design allows for easy movement between different training spaces.

#### **Unmatched durability**

Crafted from high-resistance wood and covered in high-density foam, this portable platform offers a stable and supportive base for a variety of exercises.

#### **Exercise progression**

Five connection points for resistance bands offer exercisers the ability to enhance exercise intensity and variety.

#### Visual guidance

Clear illustrations and a QR code give access to exercise videos making it easy to learn and perform a variety of exercises.

### Specifications

**Dimensions (L x W x H):** 55 x 60 x 41 cm

**Equipment weight:** 14.5 kg **Max. user weight:** 159 kg

**Materials:** Made of high-resistance wood and covered with

high-density foam

**Warranty:** Visit www.precor.co.uk for warranty terms.

