

PRECOR®

COMMERCIAL CATALOGUE



CARDIO | NETWORKED FITNESS | STRENGTH



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WHO WE ARE

We are a collective of proven fitness experts who are always learning and always striving for excellence.

What we do

We promise to use and share our experience, knowledge and collective expertise to help operators succeed in business.

Why people choose us

Quality

We reduce the stress and risk associated with operating a fitness facility by delivering expertly-designed and highly durable products.

People

Our unmatched expertise in sales and service helps the operator get the most out of their facility - from maximizing equipment to providing education and training.

Experience Design

We help to improve and expand dynamic fitness experiences that give businesses the greatest chance for long term success.



A PROUD HISTORY OF INNOVATION

Take a moment and think how far the fitness industry has come in the past 38 years. Consider all the ways it's grown and truly come into its own. Fitness is a cultural force. It's a movement—one we joined as a proud participant in 1980. We began by launching the first ergonomically-sound rowing machine and we've been moving with the natural motion of the human body ever since. Every breakthrough product and service we've partnered with or brought to the industry has always put fitness first.

1981 Launched first ergonomically-sound rowing machine, the Amerec 610

1985 Debuted full line of treadmills, rowers and electronic stationary cycles

1990 Launched first cushioned treadmills

1995 Introduced the world's first Elliptical Fitness Crosstrainer (EFX®)

2002 Precor acquired by Amer Sports Corporation

2003 Acquired Cardio Theater to lead industry entertainment trend

1980 Founded as Precision Corporation

1982 Launched first fitness equipment with motivational microprocessor-based electronics

1987 Launched first home and commercial programmable treadmills

1994 Precor treadmills patented with the unique Ground Effects® Impact Control

2004 Acquired Icarian® Strength to expand the Precor portfolio

2007 Launched the revolutionary Adaptive Motion Trainer (AMT®)

2011 Introduced new P80 touch screen console and the Preva operating system

2014 Launched new Experience® Series Treadmill

2014 Introduced education programming with the Precor Coaching Center

2016 Introduced the world's first Elliptical Fitness Crosstrainer (EFX) with Converging CrossRamp®

2017 Launched Experience® Series 700 Line cardio with treadmills, ellipticals and AMTs

2018 Launched Experience® Series 600 Line cardio with treadmill, ellipticals and bikes

2019 Introduced the Assault AirRower Elite

2012 Launched the Adaptive Motion Trainer (AMT®) with Open Stride

2012 Debuted the Discovery Series strength lines

2015 Acquired Queenax® Functional Training system, enhancing the portfolio with functional strength

2015 Partnered with Spinning®, the leader in indoor cycling, to launch a new line of Spinner® bikes

2016 Introduced new P82 and P62 touch screen consoles

2017 Introduced Spinner® Chrono Power bike

2017 Began authorised distribution of Assault Fitness products

2018 Introduced the Spinner® Climb bike

2020 Introduced the Resolute™ Strength Pin Selected Line



CARDIO EQUIPMENT

“We were impressed by the technological punching power, so are trialing this kit to gauge member feedback in a live environment. It’s receiving strong, positive reviews so far, particularly with the recent release of Preva 7.0 on the networked consoles, which brings popular audio and video entertainment options.”

*Cameron Ritchie,
Deputy Director of Operations,
University of Edinburgh Sport and Exercise*



A MIX-AND-MATCH PORTFOLIO TO MEET YOUR NEEDS

No matter what kind of fitness facility you run, Precor has a cardio solution that can be tailored to meet your needs. Our Experience Series 800, 700 and 600 lines offer a mix-and-match cardio portfolio with three console options. Whether your members require a range of unique motions and tech savvy entertainment or just want to get on and go, or anything in between, we have you covered.

Experience Series 800 Line

Meet the most well-appointed cardio equipment that Precor offers, with a reputation for reliable performance and ease of care, supported by outstanding service. In addition to our iconic smooth feel, the treadmill and elliptical include the Active Status Light for at-a-glance monitoring of equipment status. This line also includes our unique Adaptive Motion Trainer with Open Stride, recumbent and upright bikes.

Experience Series 700 Line

The insight-driven design of the 700 line delivers the same reliability, performance and efficiency that Precor is known for at a budget-friendly price. Built for high use on our commercial platform, it sacrifices nothing in longevity, standing up to the high usage in your facility - making it a money-saving valuable investment.

Experience Series 600 Line

The 600 Line strikes the optimal balance between durability, reliability, and innovation for lower usage facilities. It is ideal for fitness facilities located in multi-family housing complexes, corporations and many hospitality venues.



Frame Colour Options



Black Pearl



Storm Grey

TREADMILLS

Personalised Performance for You and Your Exercisers

Meet the needs of your exercisers with treadmills that are personalised to match their every step. Quiet and efficient, we've streamlined the assembly and included diagnostic tools to increase uptime and to keep operating costs down. Our treadmills make it easier for you to provide a customer-focused environment. Thoughtful design and performance deliver an exerciser experience that feels right and keeps them coming back.

- **Active Status Light*** - To increase uptime, an external status light lets you and your staff know at a glance the operating condition of your treadmill and when to perform life-extending maintenance.
- **Ground Effects® Impact Control System (GFX)** - Our patented system combines ideal cushioning, support and stability for exercisers. Our treadmill decks are designed to provide more absorption in the front where exercisers' feet hit the belt and add rigidity at the back for a firm push-off.
- **Integrated Footplant Technology (IFT)** - Our unique, patented system recognises exercisers' natural foot speeds and matches every stride for an ultra-smooth feel that enhances the workout experience.

*Available on Experience Series 800 and 700 Lines only.



TRM 885 with Decline Function

Speed Range: 0.5-16 mph / 0.8-25.5 kph
Decline / Incline: -3 - 15%
Side Handrail Length: 61 cm / 24 in
Console Options: P82, P62, P31



TRM 781

Speed Range: 0.5 - 12 mph / 0.8 - 19.3 kph
Decline / Incline: 0 - 15%
Side Handrail Length: 46 cm / 18 in
Console Options: P82, P62 and P31*
*Only available with the TRM 731 interval treadmill.

ELLIPTICAL FITNESS CROSSTRAINERS

Natural Movement, a Low-Impact Stride Motion and Proven Reliability

Give your members the ability to get more out of every workout while you enjoy exceptional reliability and performance. Our next-generation Elliptical Fitness Crosstrainers (EFX[®]) with a proprietary elliptical motion path provide a perfectly natural, low-impact stride, so exercisers can work out longer and harder. As it did in 1995, when we first introduced the elliptical to the world, the EFX still sets a standard.

- **CrossRamp*** - Users can isolate or cross-train specific lower body muscle groups simply by adjusting the angle of the ramp from 10 to 35 degrees, making it easier for them to focus on their individual fitness goals.
- **Proprietary Converging Ramp Design*** - The new converging ramp design better mimics an exerciser's natural converging path of motion as they walk and run.
- **Easy to Maintain** - Carrying on the tradition of Precor reliability and service, the EFX is easy to clean and maintain.
- **Active Status Light** - To increase uptime, an external status light lets you and your staff know at a glance the operating condition of your elliptical and when to perform life-extending maintenance.

*Available on Experience Series 800 Line only.



EFX[®] 885 with Converging CrossRamp[®]

Adjustable CrossRamp from 10-35 degrees
Covered ramp and rear drive housing
Arm Models: Moving and Fixed
Console Options: P82, P62, P31

ADAPTIVE MOTION TRAINER

One Machine. Multiple Workouts.

The Precor Adaptive Motion Trainer (AMT) can provide your exercisers with a variety of cardio experiences in one piece of equipment. It will take the pressure off your other equipment by delivering a range of motions similar to what's offered by your treadmills, ellipticals, bikes and climbers. With low energy consumption, the AMT also provides a low cost of ownership.

- **Open Stride*** - The proprietary Open Stride feature allows exercisers to adjust their stride height from 6.8 to 10 inches (17.3 to 25.4 cm) to mimic running stairs or climbing a hill. Users can go from short strides to long strides, walking to running.
- **Dynamic Adjustable Stride Length** - Exercisers can spontaneously change their stride length from zero to 36 inches (0 to 91.4 cm) similar to the motions of running or cross country skiing.
- **A total body workout in one piece of equipment** - Pushing and pulling the moving handlebars will engage the upper body, resulting in a total body workout.
- **Better results** - Research proves the AMT elicits high levels of oxygen consumption and energy expenditure, allowing exercisers to take their cardio fitness to a higher level.¹



Climber: Similar to stair climbing, this exercises all leg muscles, especially the glutes, hip flexors and calves.



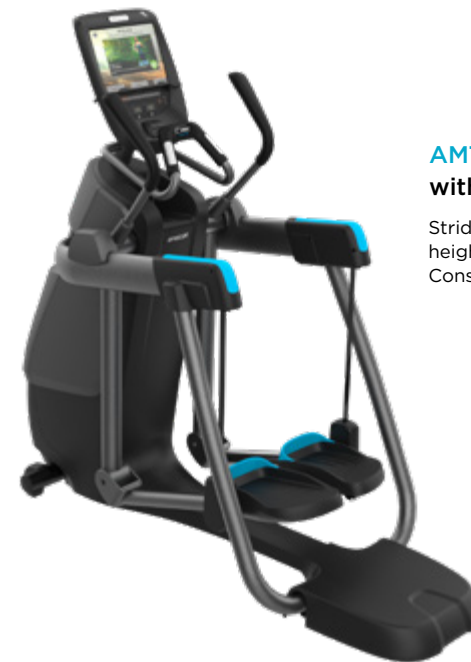
Elliptical: Similar to a jogging motion, this engages the hamstrings and glutes.



Bike: Similar to a motion of cycling and great for working calves and quads.



Treadmill: Similar to running, this stride provides total body engagement, but without the impact.



AMT® 885 with Open Stride

Stride height: Five levels of adjustable stride height from 6.8 - 10 in (17 - 25 cm)
Console options: P82, P62, P31

¹Exercise Modality Comparison of Seven Exercise Modes, 2007. Len Kravitz, Ph.D., University of New Mexico, USA.
*Available on Experience Series 800 Line only.



BIKES

Delivering a Comfortable Ride

Our upright and recumbent bikes are designed to allow exercisers to enjoy efficient, smooth pedalling with biomechanically correct Knee Over Pedal Spindle (KOPS) geometry and extra-wide, dual-sided pedals. They will also appreciate the simple, one-handed seat adjustment and the accessibility of the console and accessories holder, allowing them to maintain form and stay focused on their workout.

Both styles of bike allow for convenient access to the belt-drive system with an easily removable shroud that comes off with the cranks and pedals still in place. A two-stage system** enables a very low start resistance and smooth, consistent changes of resistance levels.

**Available on Experience Series 800 Line only.



UBK 885
Upright Bike

Ergonomic Upright Handlebars

Over-molded style handlebars add comfort and durability while offering dual heart rate contacts and three ergonomic riding positions: upright, cruising and road. Console Options: P82, P62, P31



RBK 885
Recumbent Bike

Ultra Comfortable Seat Back

Custom-designed air flex seat back, featuring a ventilated panel and unique suspension system for a cool, cushioned ride. Console Options: P82, P62, P31

STAIRCLIMBER SCL 835



Climb to new Heights

- Dynamic step control
- Easy on, easy off, step platforms make it easy for exercisers of all levels
- Valuables protection – unique design protects the exerciser and their personal items
- Durable construction with easily removable panels making routine maintenance much easier.

Console Options	P31 Console
FEATURES	
Frame Colors	Black Pearl or Storm Grey
Active Status Light	0 to 36 in / 0 to 91 cm
Dynamic Step Control™	•
Step Dimensions (D x W)	20
Step-up Height	6.5 in / 16.5 cm
Step Rate Range	20 to 165 steps / minute (SPM)
Auto Stop™	•
Max. Number of Workouts	10
Electronic Readouts	9
Entertainment Options	Optional PVS
Mobile Device Charger	•
Heart Rate Monitoring*	Touch Heart Rate Telemetry Heart Rate
Max. Workout Time	120 minutes
Max. Pause Time	300 seconds
Dimensions (LxWxH)	80 x 35 x 73 in 203 x 89 x 186 cm
Product Height with PVS	83 in / 211 cm
Product Weight	422 lb / 191 kg
Power	Required
Cable Management	Optional

- Standard - Not offered

* The heart rate features are intended for reference only. They may not be accurate for every user or at every speed and are not intended for use as a medical device. Holding the heart rate handle touch sensor while exercising at higher intensity may also decrease accuracy of the heart rate reading and is not recommended.

EXPERIENCE® SERIES 800 LINE



AMT® 885 with Open Stride Adaptive Motion Trainer

- Dynamic, adjustable stride length from 0 to 36 in (0 to 91 cm)
- Adjustable stride height of 6.8 to 10 in (17 to 25 cm)
- 20 resistance levels
- LxWxH: 80 x 35 x 73 in (203 x 89 x 186 cm)
- Weight: 191 kg (422 lb)



EFX® 885 with Converging CrossRamp Elliptical Fitness Crosstrainer

- Converging CrossRamp®: adjustable ramp between 10 and 35°
- Moving handlebars for upper and lower body workout
- Active Status Light for maintenance status at a glance
- 20 resistance levels
- LxWxH: 80 x 28 x 72 in (203 x 71 x 183 cm)
- Weight: 154 kg (340 lb)



EFX® 883 with Converging CrossRamp Elliptical Fitness Crosstrainer

- Converging CrossRamp®: adjustable ramp between 10 and 35°
- Fixed upper body handlebars
- 20 resistance levels
- LxWxH: 80 x 28 x 71 in (203 x 76 x 183 cm)
- Weight: 154 kg (340 lb)

EXPERIENCE® SERIES 800 LINE



**TRM 885 with Decline Function
Treadmill**

- Ground Effects® & Integrated Footplant Technology
- Decline / Incline: -3 - 15%
- Speed: 0.5 - 16 mph (0.8 - 25.5 kph) + AutoStop
- 4.0 HP AC Drive System and next-generation motor controller
- LxWxH: 83 x 35 x 68.5 in (211 x 98 x 174 cm)
- Weight: 195 kg (430 lb)



**UBK 885
Upright Bike**

- Over-moulded handlebars and comfortable saddle design
- Dual-sided pedals with integrated straps
- Simple one-handed seat adjustment
- 25 resistance levels
- LxWxH: 48 x 21 x 62 in (122 x 53 x 157 cm)
- Weight: 77 kg (169 lb)



**RBK 885
Recumbent Bike**

- Step-through design
- Ventilated, suspension-mounted air flex seat back
- Dual-sided pedals with integrated straps
- Convenient, one-handed seat adjustment
- 25 resistance levels
- LxWxH: 67 x 23 x 54 in (170 x 58 x 136 cm)
- Weight: 99 kg (219 lb)

MIX-AND-MATCH
WITH A CHOICE OF
CONSOLES



P82



P62



P31



EXPERIENCE® SERIES 700 LINE



TRM 731

Treadmill

- Ground Effects® & Integrated Footplant Technology
- Incline range: 0-15% incline
- Speed: 0.5-12 mph (0.8-19.3 kph)
- 4.0 HP AC Drive System and next generation motor controller
- Active Status Light for maintenance status at a glance
- LxWxH: 83 x 35 x 62 in (211 x 89 x 157.5 cm)
- Weight: 184 kg (405 lb)

MIX-AND-MATCH
WITH A CHOICE OF
CONSOLES



P82



P62



P31



EXPERIENCE® SERIES 600 LINE



TRM 631
Treadmill

- Ground Effects® and Integrated Footplant Technology
- Incline range: 0% - 15%
- High-efficiency 3 HP AC motor
- Speed: 0-12 mph / 0-19 kmph
- 27 workouts and 19 electronic readouts
- LxWxH: 83 x 35 x 62 in (211 x 89 x 157.5 cm)
- Weight: 350 lb (159 kg)



EFX 635
Elliptical Fitness Crosstrainer

- Adjustable CrossRamp® from 10°-35°
- Moving handlebars for upper and lower body workout
- 20 resistance levels
- 22 workouts and 19 electronic readouts
- LxWxH: 80 x 30 x 72 in (203 x 76 x 183 cm)
- Weight: 340 lb (154 kg)

EXPERIENCE® SERIES 600 LINE



UBK 635
Upright Bike

- Over-molded handlebars
- Improved saddle design
- Over-sized pedals with integrated straps
- Familiar pop-pin seat adjustment
- 12 workouts and 18 electronic readouts
- LxWxH: 43 x 21 x 57 in (109 x 53 x 145 cm)
- Weight: 144 lb (65 kg)



RBK 635
Recumbent Bike

- Step-through design
- Ventilated, suspension-mounted air flex seat back
- Over-sized pedals with integrated straps
- Simple single-handed seat adjustment
- 12 workouts and 18 electronic readouts
- LxWxH: 65 x 23 x 51 in (165 x 58 x 130 cm)
- Weight: 179 lb (81 kg)

MIX-AND-MATCH
WITH A CHOICE OF
CONSOLES



P82



P62



P31



CONSOLES & NETWORKED FITNESS

“We looked at various brands but Precor offered the whole package: high quality, affordable equipment. The new P82 console is great for us as a business – its online maintenance updates mean there’s minimal disruption to the usage. We can also modify and personalise the screens with information, adverts and promotions as and when we need to, keeping members up to date with what’s going on at the centre.”

**Andy Smith, General Manager,
Mark Hall Sports Centre, Harlow, Essex, England**



IT'S ALL IN THE DETAIL

Add another highlight to the facility tour - your cardio floor - featuring the Experience Series consoles from Precor. From first glance to deeper inspection, the P82 and P62 consoles make quite an impression. With a brilliant touch screen and a simple, intuitive interface, they will draw members deeper into their workout.

The clean and proven design of these consoles makes it easy for exercisers, whether new to Precor or familiar, to locate controls, inputs and adjustments.

The Preva® operating system, available exclusively on the P82 and P62 consoles and in operation in nearly 150,000 networked sites globally, allows exercisers to display workout metrics and entertainment simultaneously.



Capacitive Touch Screen

Exercisers can control their workout via screen gestures on a robust, responsive and intuitive industrial-grade capacitive touch screen.



Mobile Device Charger

Experience Series consoles all feature a mobile device charger for electronic book readers, small MP3 players and mobile phones.



Motion Controls

Large and responsive controls are independent of the touch screen, enabling exercisers to alter the motion and the resistance of their workout with ease.



Reading Rack

Sturdy enough for books, magazines, tablets and e-book readers, the rack has a hole to feed charging cables through to the Mobile Device Charger.



Heads-up Viewing Angle

The upright screen position encourages proper biomechanics and posture while working out.



Featured Workout

Exercisers are encouraged to try more variety in their workouts, as the touch screen consoles promote new workouts on a daily basis.

CONSOLE AND ENTERTAINMENT OPTIONS

The Experience® Series features innovative and reliable cardio equipment with consoles backed by tens of thousands of hours of testing in the field to ensure proven performance that facilities can count on. The “heads up” positioning of all the consoles encourages proper biomechanics and posture during the workout.



P82 Console

The P82 is a 15 in (38.1 cm) capacitive touch screen console with a quad core processor that seamlessly combines a fitness, television and internet experience into one simple design.



P62 Console

The P62, is a 10 in (25.7 cm) capacitive touch screen console with a dual core processor that injects contemporary design and a premium networked fitness experience to the cardio floor.



P31 Console

P31, available on the Experience Series 700 and 800 Lines, has a powerful combination of smarts and good looks to work harder for you, your servicers and your exercisers. Available with an optional personal viewing system, or an integrated audio receiver.

CONSOLE OVERVIEW



P82 CONSOLE



P62 CONSOLE



P31 CONSOLE

Applicable Cardio Lines	880, 780, and 680	860, 760, and 660	830, 730, and 630
Display Type	15" LCD Capacitive Touchscreen	10" LCD Capacitive Touchscreen	Advanced LED Display
Preva® Operating System	•	•	Optional
Machine Controls	•	•	•
Numeric Keypad	Touchscreen	Touchscreen	•
Unit Selection	Metric or U.S. Standard	Metric or U.S. Standard	Metric or U.S. Standard
Mobile Device Charger	•	•	•
Languages	Software: English, Chinese, Danish, Dutch, Finnish, French, German, Italian, Japanese, Korean, Norwegian, Polish, Portuguese (Iberian), Russian, Spanish, Swedish, Turkish Safety Label: English, Chinese, Dutch, French, German, Hebrew, Italian, Japanese, Korean, Portuguese (Iberian), Russian, Spanish	Software: English, Chinese, Danish, Dutch, Finnish, French, German, Italian, Japanese, Korean, Norwegian, Polish, Portuguese (Iberian), Russian, Spanish, Swedish, Turkish Safety Label: English, Chinese, Dutch, French, German, Hebrew, Italian, Japanese, Korean, Portuguese (Iberian), Russian, Spanish	Overlay: English, French, German, Japanese, Spanish Software: English, Dutch, French, German, Italian, Japanese, Portuguese, Russian, Spanish
NETWORK CAPABILITIES			
WiFi	802.11 a/b/g/n, 2.4 GHz MIMO and 5 GHz multiple antenna operation	802.11 a/b/g/n, 2.4 GHz MIMO and 5 GHz multiple antenna operation	-
Ethernet	10/100/1000 Base-T	10/100/1000 Base-T	-
RFID / NFC	ISO/IEC 14443A MIFARE, NFC P2P and R/W modes	ISO/IEC 14443A MIFARE, NFC P2P and R/W modes	-
C-Safe Enabled	-	-	•
OPTIONS			
Smart Watch Connector for Apple Watch®	Optional	-	-
Reading Rack	•	•	•
Personal Viewing System	Embedded	Embedded	Optional
Entertainment Cap	-	-	Optional

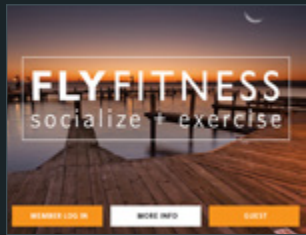
• Standard - Not offered

Apple Watch is a trademark of Apple Inc., registered in the U.S. and other countries and regions.



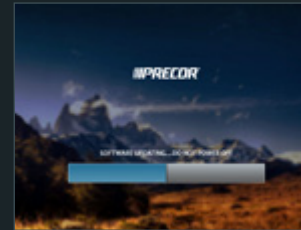
TOOLS FOR YOUR BUSINESS

Incorporating technology and digital services into your gym can help you to build your brand, engage with your members and strengthen your gym community. We make it simple. When you connect the Precor P82 and P62 touch screen consoles, featuring the Preva® operating system, to the internet, you've got networked fitness. Leverage the MyUI suite of tools to customise the console experience and directly communicate with your exercisers to increase attraction, improve retention, drive revenue and optimise your cardio equipment management.



Customisable Walk-up Screen

Extend the presence of your brand to the cardio floor with a high impact, customisable screen. Add a button that leads to content about your facility to keep in touch with your exercisers.



Automatic Software Updates

All networked Precor touch screen consoles receive automatic software updates, refreshed content and new features - at no expense and without any action required by you.



Asset Management Alerts

Choose from an immediate alert to a weekly summary to keep in touch with your Precor cardio equipment. Our system continually watches the alerts, preventing duplicates and an overflow of repeats.



Welcome Screen Messages

Greet your exercisers with a short text message on the console before they start their workout. Consider promoting your services, special offers or operational information, such as a change in opening hours.



Exerciser Activity Report

See the cardio activity of your Preva account holders with this simple online report. Great for supporting member challenges and contests, driving targeted communications and measuring cardio preferences.



Manage Apps

Setting the vibe in your facility is an important component of your brand, indicating you know what your exercisers prefer. Exerciser access to entertainment and media apps can be controlled by you with a simple click.



In-workout Messages

In-workout messages are a great way to stay connected to your cardio exercisers. Use them to promote your facility, events, specials, services and schedules.



ATTRACT

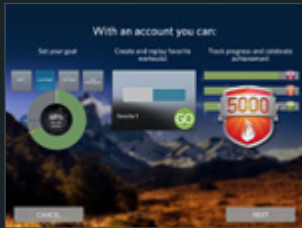
“As an ex professional footballer, my husband has always been in the fitness industry and with three children, we wanted to start a business that would benefit us all as a family. We intuitively decided we wanted to furnish the gym with Precor equipment due to its high quality. The benefits of Preva networked fitness will motivate our members and enable them to easily gain access to all their data.”

Owner Anytime Fitness Southport.



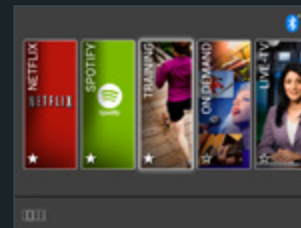
DELIGHT YOUR EXERCISERS TO DRIVE RETENTION

Technology has changed the world and continues to do so, especially in the delivery of entertainment and information. Investing in a fully connected experience for your gym will give you powerful tools for creating an engaging fitness environment. With the Preva operating system, exercisers can personalise their cardio experience to instantly access the apps, entertainment and information they want. Whether its interactive workouts, popular music or pro tips, content is always kept fresh to increase engagement.



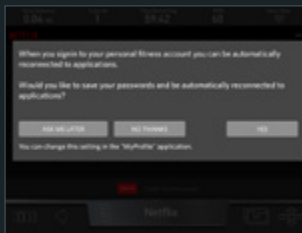
Preva® Personal Accounts

With a Preva personal account, exercisers can set and track weekly workout goals, receive fun achievement badges, save favourite workouts to do another time and control the layout of their apps and entertainment so their favourites come first.



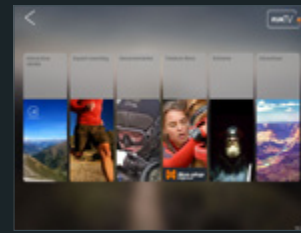
Media & Entertainment Apps

Access personal audio and video entertainment apps, like Netflix® and Spotify® through the Precor touch screen consoles. Workout finishes before the movie does? Exercisers can pick up right where they left off on their next workout or from any other personal device.



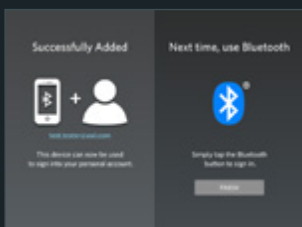
Single Sign-On

Once your exercisers enter their account logins and password for their personal audio and video entertainment accounts, they won't have to do so again during future workouts. A single sign-on to start their workout is all they'll need.



Virtual RunTV Courses

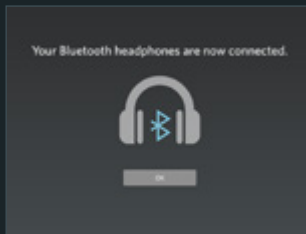
Your exercisers will 'escape to the gym' with RunTV, where inspiring, fitness-centric media and entertainment delivers an engaging workout every time. Multiple channels offer motivating, human-powered stories, training tips from fitness experts and stunning interactive trails that sync with the cardio lower for challenging, interactive runs, rides and climbs in some of the world's most iconic locations. There's always something new with frequent content refreshes.



Bluetooth® Sign-in

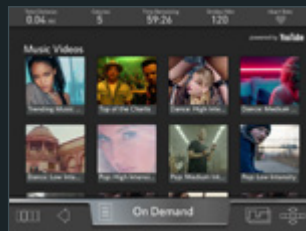
Mobile phones are a common accessory at the gym. Exercisers can use theirs to sign into their Preva personal account on the Precor touch screen console.





Bluetooth® Headphones

Your exercisers can quickly and easily pair their Bluetooth headphones to the cardio console to enjoy tether-free audio.



Video On Demand

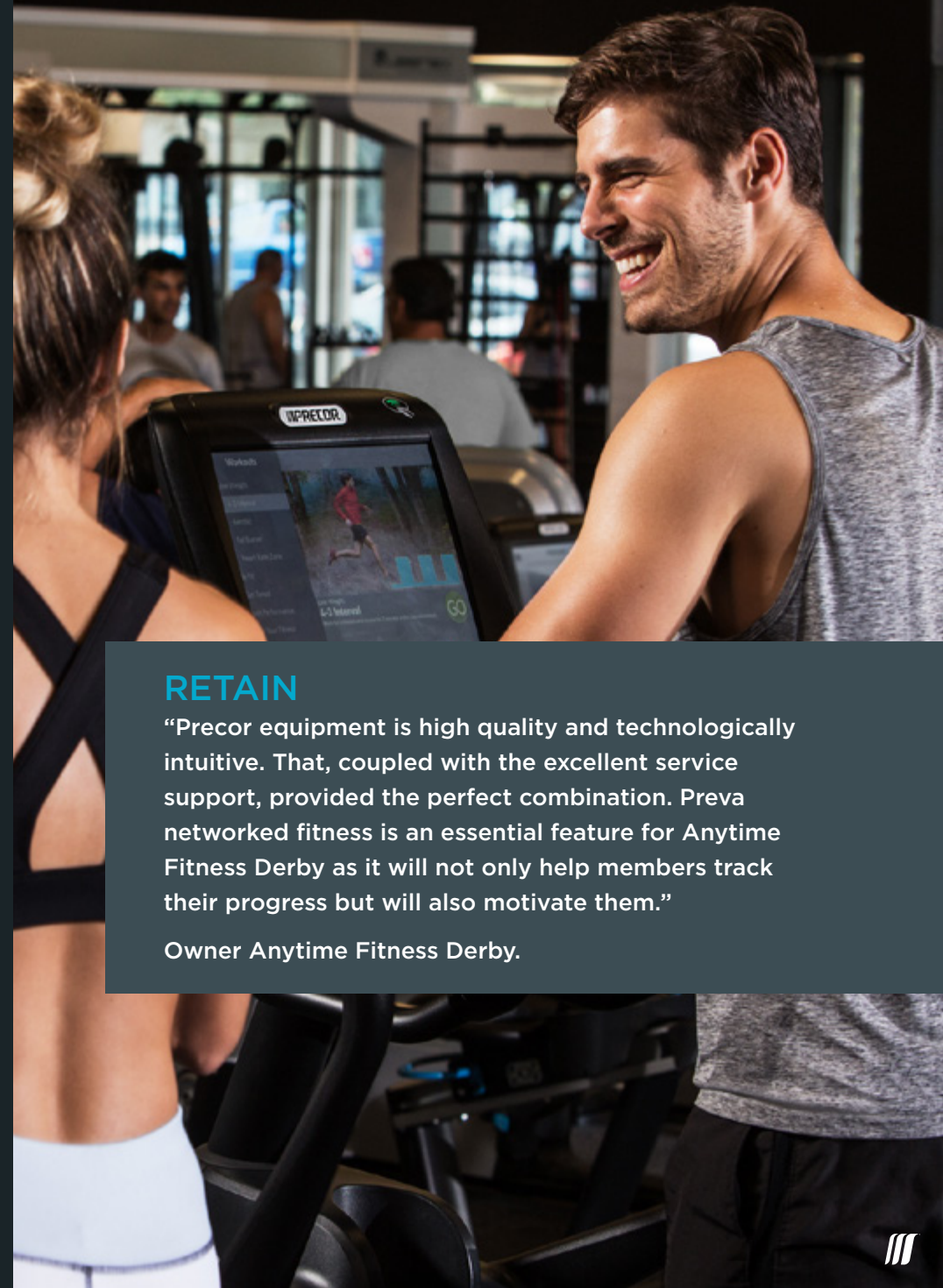
A hand-curated selection of music, sports and entertainment video playlists designed for the moving environment. Our curator refreshes 36 playlists weekly with popular content selected from YouTube®.

A Precor original.



My Profile

Exercisers can easily manage their logins and passwords through a new feature on the touch screen console called My Profile.



RETAIN

“Precor equipment is high quality and technologically intuitive. That, coupled with the excellent service support, provided the perfect combination. Preva networked fitness is an essential feature for Anytime Fitness Derby as it will not only help members track their progress but will also motivate them.”

Owner Anytime Fitness Derby.



PARTNERSHIPS AND INTEGRATIONS

An open platform and a carefully chosen community of partners helps us integrate with the systems and services you value the most—systems dedicated to meaningful exerciser experiences that improve participation, increase retention and build revenue.



ClubCom®

Let ClubCom do the work of further customising the exerciser experience on Precor networked cardio consoles. ClubCom leverages the industry-leading Preva open platform to provide custom branded and dedicated tiles that connect to your on-demand video library, personal trainer profiles, group exercise schedules and much more. These tiles are easily discoverable alongside the other Preva entertainment and workout tiles. The development work can be subsidised by allowing third-party advertisers to promote their products and services via pre-workout video shorts.



eGym®

Integrating the eGym cardio training system with Precor cardio equipment makes fitness training easier, more intuitive and motivating. Smart Workouts, an automated system with a brief fitness assessment, targets exercisers with cardio programs that are personalised to each individual and incorporate gamification, making them fun and engaging. Personal Trainers can use the eGym Trainer App to create and deliver custom cardio workouts to Precor cardio equipment and strength workouts to the client's eGym Member App where they can view their training plan, track their workouts and view their progress. Using automatically generated workout reports, personal trainers can have valuable conversations with their clients, to improve engagement and retention.





Sony® Advagym™

Use the Sony® Advagym™ system to give your facility a digital infusion. Advagym is a complete strength training and tracking solution that retrofits existing pin selected strength equipment and offers a user app that will guide your exercisers' strength training and improve results. Using the app, exercisers "tap in" to a piece of strength equipment and are presented with their training plan. The app automatically tracks repetitions and presents the user with the next exercise and associated piece of equipment. Integration with Preva® enables the Advagym app to collate strength and Precor networked cardio data to provide users with one complete tracking experience. Personal Trainers can use the app to set workout plans and communicate with clients to help drive motivation. A web-based admin tool provides operators with valuable insights about equipment usage and user preferences.



Vitale

Vitale acts as an exerciser's virtual personal trainer. By means of powerful mathematical algorithms, Vitale can take into account an exerciser's current fitness level, state of mind, available time, training facilities, weekly training frequency and equipment at their disposal to offer a fully personalised and varied training plan with month-by-month changes, to adapt to their progress. Through integration with the Preva operating system, exercisers are able to easily record their Precor cardio workouts in the MyVitale system.



Gantner

Gantner offers facilities a fully integrated solution for access control, check-in, locker systems, cashless payments and ticket servicing. Furthermore, through RFID technology, members can use their Preva® token to open their locker and access the facility, subsequently streamlining their membership experience.



elan

elan is a club management system that enables members to pay for their membership and other items on offer at their club. elan also allows members to complete operational tasks, such as booking classes or providing the club with feedback. The integration with Preva® offers users RFID log in capabilities in addition to customised console screens based on their membership level.



STRENGTH EQUIPMENT

“We have always had one of London’s most extraordinary exercise spaces, with a triple-height ceiling and glass roof, but now we also have the latest in high-quality equipment to complete the experience. The broad range of Discovery Pin Selected and Plate Loaded strength equipment will appeal to first-time users and seasoned strength trainers alike.”

Oliver Deen, Jubilee Hall Club Manager



RAISE THE BAR ON YOUR STRENGTH

Buying strength equipment is not the way it used to be. The available space has changed, the exerciser has changed, the competition has changed, the products have changed. One of the things that hasn't changed is that buying strength equipment is a longer-term ownership commitment than other types of fitness equipment. That's why we offer a variety of strength equipment that will get used by exercisers of all experience levels.

Resolute™ Strength Pin Selected Line

Make your pin selected strength equipment purchase with confidence - choose the Resolute Strength line from Precor. It delivers on what matters most: your investment will withstand the test of time.

Discovery Series

We discovered that people weren't afraid of strength training, they were afraid of the machines. That's why we launched the Discovery Series, the first serious plate loaded, benches and racks strength lines designed to be more inviting than intimidating. Discover a full range of products that are approachable and intuitive, perform for exercisers of all ability levels and will withstand the test of time.

Vitality Series

The Vitality Series consists of compact, space-efficient selectorised units that can help you provide exercisers with the variety they crave, while working within space and budget requirements.

Icarian® Strength

The Icarian Strength Line includes Cable Machines and Multi-Station units that serve as a solid foundation to support your strength offerings, making it easy for exercisers to begin and progress in strength training.



Pin Selected



Plate Loaded



Benches & Racks



Cable Machines



Multi-Stations

RESOLUTE™ STRENGTH

Pin Selected Line



Designed to Go the Distance

The upholstered pads of the Resolute equipment underwent 1.2 million cycles of testing to ensure that this machine will be a durable workhorse for any facility. One piece, soft rubber foot caps make the equipment easier to move and will remain in place even if kicked.



Focused on the Experience

The open design makes the Resolute equipment easy to access. The adjustable pads, in combination with the gas-assisted ratcheting seat, make it easy to get the proper fit and stabilisation throughout the movement.








Advanced Training with Sony® Advagym

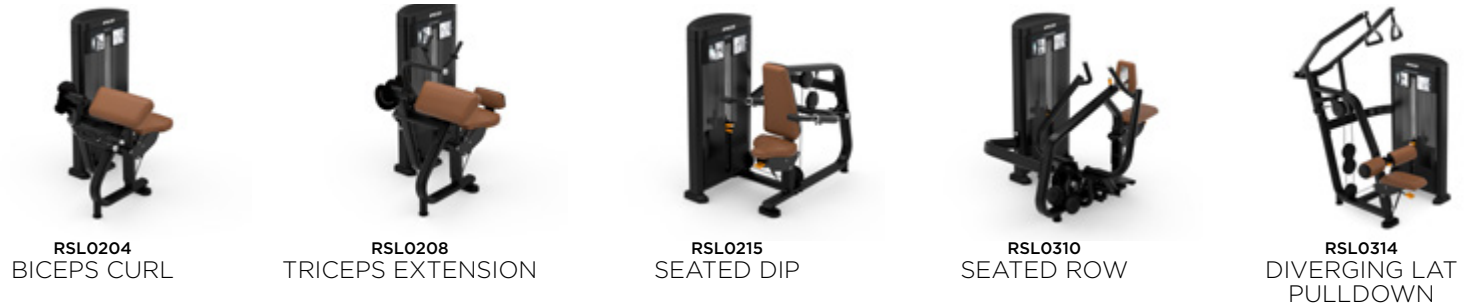
Strength training has gone digital. Add the Sony Advagym training and tracking system, along with the app, to give your exercisers a whole new way to train. Through the Advagym app, personal trainers can recommend workouts and monitor their clients' progress.



Resolute™ Strength Selectorized Line

Standard Frame		Standard Upholstery*		
				
Black Pearl	Gloss Metallic Silver	Black	All Spice	Grey

* Colours may vary.
 • Custom colours are available.
 Please contact a sales representative.



FEATURES

Frame Colors	Black Pearl or Gloss Metallic Silver	Black Pearl or Gloss Metallic Silver	Black Pearl or Gloss Metallic Silver	Black Pearl or Gloss Metallic Silver	Black Pearl or Gloss Metallic Silver
Integrated Add-On Weight	•	•	•	•	•

WEIGHT & DIMENSIONS

Product Weight	431 lb / 196 kg	460 lb / 209 kg	585lb / 266 kg	616 lb / 260 kg	585 lb / 266 kg
Weight Stack	160 lb / 73 kg	160 lb / 73 kg	240 lb / 109 kg	240 lb / 109 kg	240 lb / 109 kg
Dimensions (LxWxH)	48 x 43 x 48 in 122 x 110 x 148 cm	48 x 43 x 58 in 122 x 110 x 148 cm	55 x 48 x 58 in 140 x 121 x 148 cm	63 x 55 x 58 in 160 x 139 x 148 cm	57 x 50 x 81 146 x 126 x 206 cm
Workout Area (LxW)	49 x 43 in 124 x 109 cm	49 x 42 in 124 x 103 cm	48 x 49 in 121 x 124 cm	52 x 49 in 132 x 124 cm	66 x 63 in 168 x 160 cm



FEATURES

Frame Colors	Black Pearl or Gloss Metallic Silver	Black Pearl or Gloss Metallic Silver	Black Pearl or Gloss Metallic Silver	Black Pearl or Gloss Metallic Silver
Integrated Add-On Weight	•	•	•	•

WEIGHT & DIMENSIONS

Product Weight	594 lb / 270 kg	510 lb / 232 kg	594 lb / 269 kg	557 lb / 253 kg
Weight Stack	240 lb / 109 kg	160 lb / 73 kg	240 lb / 109 kg	200 lb / 91 kg
Dimensions (LxWxH)	73 x 50 x 73 in 185 x 126 x 185 cm	54 x 49 x 58 in 137 x 125 x 148 cm	56 x 38 x 84 in 142 x 96 x 214 cm	61 x 59 x 60 in 154 x 151 x 153 cm
Workout Area (LxW)	64 x 59 in 163 x 150 cm	53 x 56 in 134 x 142 cm	82 x 82 in 208 x 208 cm	65 x 52 in 165 x 132 cm



Resolute™ Strength Selectorized Line



RSL0324
DIVERGING LOW ROW



RSL0602
LEG PRESS



RSL0605
LEG EXTENSION



RSL0606
PRONE LEG CURL



RSL0618
GLUTE EXTENSION

FEATURES

Frame Colors	Black Pearl or Gloss Metallic Silver	Black Pearl or Gloss Metallic Silver	Black Pearl or Gloss Metallic Silver	Black Pearl or Gloss Metallic Silver	Black Pearl or Gloss Metallic Silver
Integrated Add-On Weight	•	•	•	•	•

WEIGHT & DIMENSIONS

Product Weight	581 lb / 264 kg	826 lb / 375 kg	616 lb / 280 kg	517 lb / 235 kg	475 lb / 216 kg
Weight Stack	240 lb / 109 kg	400 lb / 182 kg	240 lb / 109 kg	200 lb / 91 kg	160 lb / 73 kg
Dimensions (LxWxH)	79 x 48 x 58 in 201 x 121 x 148 cm	77 x 48 x 58 in 196 x 122 x 148 cm	61 x 50 x 58 in 155 x 127 x 148 cm	61 x 48 x 58 in 156 x 122 x 148 cm	54 x 40 x 58 in 137 x 101 x 148 cm
Workout Area (LxW)	77 x 50 in 196 x 127 cm	87 x 48 in 221 x 122 cm	66 x 50 in 168 x 127 cm	47 x 61 in 119 x 155 cm	77 x 50 in 196 x 127 cm



RSL0620
INNER THIGH



RSL0621
OUTER THIGH



RSL0623
SEATED CALF
EXTENSION



RSL0619
SEATED LEG CURL

FEATURES

Frame Colors	Black Pearl or Gloss Metallic Silver	Black Pearl or Gloss Metallic Silver	Black Pearl or Gloss Metallic Silver	Black Pearl or Gloss Metallic Silver
Integrated Add-On Weight	•	•	•	•

WEIGHT & DIMENSIONS

Product Weight	572 lb / 260 kg	572 lb / 260 kg	684 lb / 311 kg	609 lb / 277 kg
Weight Stack	200 lb / 91 kg	200 lb / 91 kg	400 lb / 182 kg	240 lb / 109 kg
Dimensions (LxWxH)	71 x 30 x 58 in 181 x 77 x 148 cm	71 x 30 x 58 in 181 x 77 x 148 cm	53 x 44 x 58 in 134 x 112 x 148 cm	63 x 48 x 58 in 161 x 121 x 148 cm
Workout Area (LxW)	66 x 55 in 168 x 139 cm	66 x 55 in 168 x 139 cm	66 x 50 in 168 x 127 cm	66 x 50 in 168 x 127 cm



Resolute™ Strength Selectorized Line



RSL0313
BACK EXTENSION



RSL0315
ROTARY TORSO



RSL0714
ABDOMINAL

FEATURES

Frame Colors	Black Pearl or Gloss Metallic Silver	Black Pearl or Gloss Metallic Silver	Black Pearl or Gloss Metallic Silver
Integrated Add-On Weight	•	•	•

WEIGHT & DIMENSIONS

Product Weight	532 lb / 242 kg	462 lb / 210 kg	559 lb / 254 kg
Weight Stack	200 lb / 91 kg	160 lb / 73 kg	160 lb / 76 kg
Dimensions (LxWxH)	48 x 49 x 59 in 122 x 124 x 148 cm	48 x 43 x 58 in 122 x 110 x 148 cm	51 x 47 x 58 in 126 x 118 x 148 cm
Workout Area (LxW)	78 x 51 in 198 x 130 cm	53 x 46 in 134 x 116 cm	54 x 51 in 137 x 130 cm

- Standard - Not offered

DISCOVERY SERIES

Plate Loaded Line



Inviting

Designed to perform for exercisers of all levels, the Discovery Series Plate Loaded Line features optimally-positioned load heights, low starting weights and instructional placards.



Adjustments

Highly-durable, gas-assisted seat adjustments and large, ergonomic rubber adjustment handles make it easy and comfortable for exercisers to get the right fit.



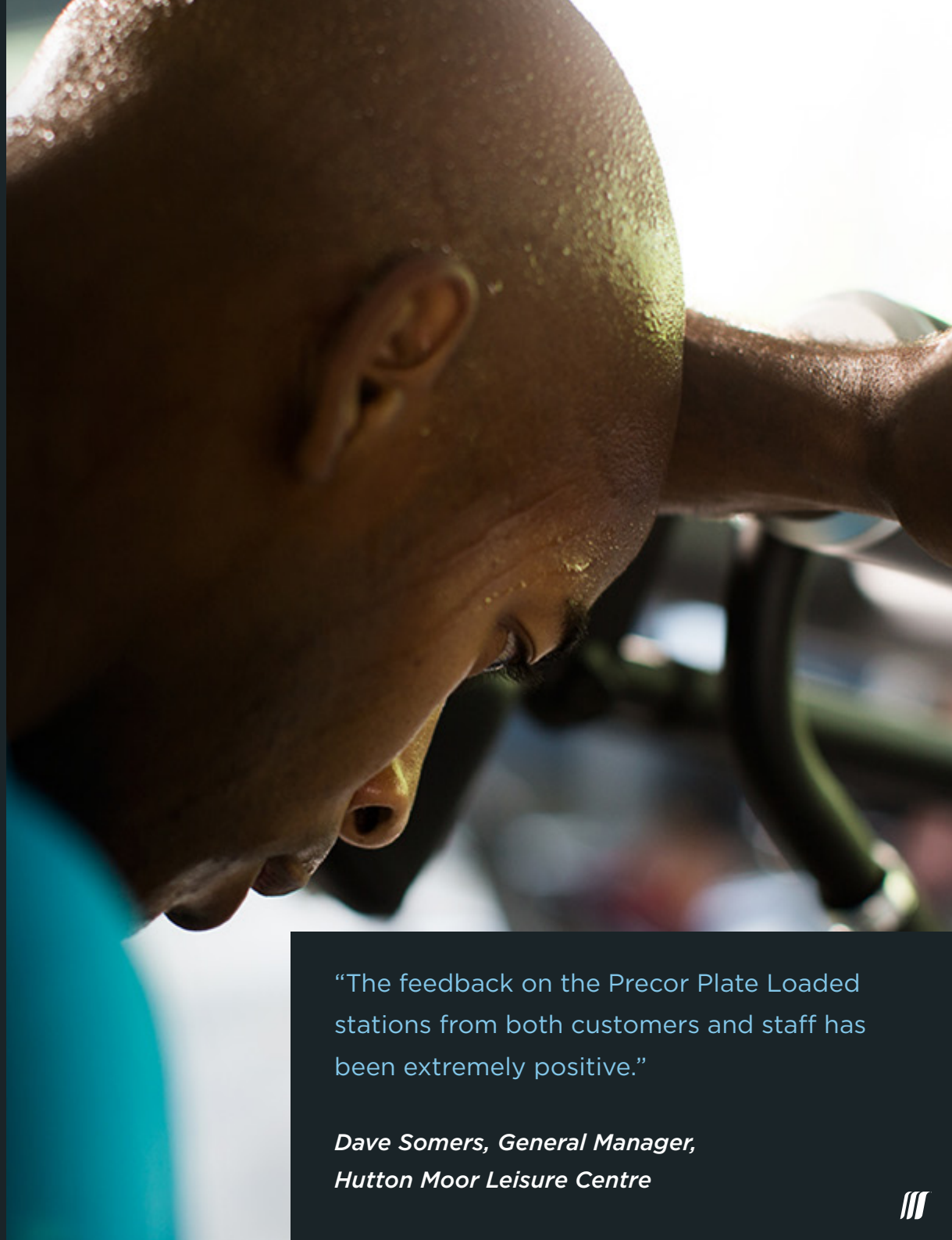
Grips

Oversized grips make pressing exercises more comfortable by distributing the load over a larger area of the exerciser's hand, reducing strain.



Pivots

Cast pivot housing adds strength and provides a polished appearance.



“The feedback on the Precor Plate Loaded stations from both customers and staff has been extremely positive.”

*Dave Somers, General Manager,
Hutton Moor Leisure Centre*



Discovery Series Plate Loaded Line



DPL0802
Smith Machine

- Dimensions (LxWxH):
56 x 84 x 90 in (142 x 214 x 229 cm)
- Weight: 179 kg (395 lb)
- Start Weight: 11.3 kg (25 lb)
- Max. Lift Load Capacity: 272 kg (600 lb)
- Angle of Glide Path: 11 degrees



DPL0624
Squat Machine

- Dimensions (LxWxH):
91 x 67 x 61 in (230 x 170 x 155 cm)
- Weight: 226 kg (498 lb)
- Start Weight: 18.14 kg (40 lb)
- Max. Lift Load Capacity: 245 kg (540 lb)



DPL0561
Leg Curl

- Dimensions (LxWxH):
48 x 66 x 55 in (122 x 167 x 140 cm)
- Weight: 150 kg (331 lb)
- Start Weight: 5 kg (11 lb)
- Max. Lift Load Capacity: 82kg (180 lb)



DPL0603
Hack Squat

- Dimensions (LxWxH):
83 x 63 x 56.5 in (211 x 160 x 144 cm)
- Weight: 206 kg (455 lb)
- Start Weight: 40 kg (89 lb)
- Max. Lift Load Capacity: 327 kg (720 lb)



DPL0601
Angled Leg Press

- Dimensions (LxWxH):
94 x 55 x 56.5 in (239 x 140 x 144 cm)
- Weight: 252 kg (556 lb)
- Start Weight: 62 kg (136 lb)
- Max. Lift Load Capacity: 490 kg (1080 lb)



DPL0550
Shoulder Press

- Dimensions (LxWxH):
57 x 61 x 62 in (144 x 153 x 157 cm)
- Weight: 141 kg (310 lb)
- Start Weight: 4.5 kg (10 lb)
- Max. Lift Load Capacity: 163 kg (360 lb)

Discovery Series Plate Loaded Line



DPL0560

Leg Extension

- Dimensions (LxWxH):
62 x 63 x 47 in (158 x 159 x 120 cm)
- Weight: 132 kg (291 lb)
- Start Weight: 5.9 kg (13 lb)
- Max. Lift Load Capacity: 82 kg (180 lb)



DPL0616

Calf Raise

- Dimensions (LxWxH):
59 x 30 x 40 in (150 x 76 x 101 cm)
- Weight: 75 kg (165 lb)
- Start Weight: 11 kg (25 lb)
- Max. Lift Load Capacity: 204 kg (450 lb)



DPL0305

Pulldown

- Dimensions (LxWxH):
66 x 51 x 76.5 in (168 x 130 x 194 cm)
- Weight: 148 kg (326 lb)
- Start Weight: 2.5 kg (5 lb)
- Max. Lift Load Capacity: 204 kg (450 lb)



DPL0541

Incline Press

- Dimensions (LxWxH):
43 x 78 x 70.5 in (109 x 199 x 179 cm)
- Weight: 157 kg (346 lb)
- Start Weight: 5.5 kg (12 lb)
- Max. Lift Load Capacity: 204 kg (450 lb)



DPL0540

Chest Press

- Dimensions (LxWxH):
43 x 67 x 70 in (110 x 169.5 x 177.5 cm)
- Weight: 160 kg (353 lb)
- Start Weight: 5.5 kg (12 lb)
- Max. Lift Load Capacity: 204 kg (450 lb)



DPL0520

Biceps Curl

- Dimensions (LxWxH):
53 x 38 x 48 in (136 x 97 x 121 cm)
- Weight: 117 kg (258 lb)
- Start Weight: 5.4 kg (12 lb)
- Max. Lift Load Capacity: 102 kg (225 lb)

Discovery Series Plate Loaded Line



DPL0308

Low Row

- Dimensions (LxWxH):
61 x 50.5 x 67 in (155 x 128 x 171 cm)
- Weight: 156 kg (344 lb)
- Start Weight: 6.5 kg (15 lb)
- Max. Lift Load Capacity: 204 kg (450 lb)



DPL0309

Seated Row

- Dimensions (LxWxH):
58 x 50 x 49 in (148 x 127 x 124 cm)
- Weight: 154 kg (340 lb)
- Start Weight: 4.5 kg (10 lb)
- Max. Lift Load Capacity: 204 kg (450 lb)



DPL0521

Seated Dip

- Dimensions (LxWxH):
72 x 41 x 37 in (184 x 103 x 94 cm)
- Weight: 130 kg (287 lb)
- Start Weight: 3.6 kg (8 lb)
- Max. Lift Load Capacity: 163 kg (360 lb)



DPL0311

Incline Lever Row

- Dimensions (LxWxH):
75 x 39 x 47.5 in (190.5 x 98 x 120.5 cm)
- Weight: 87 kg (191 lb)
- Start Weight: 18 kg (40 lb)
- Max. Lift Load Capacity: 127 kg (280 lb)

DISCOVERY SERIES

Benches and Racks Line



Functional Excellence

The attention to product design enhances traditional and functional exercise movements, creating a wide range of exercise opportunities.



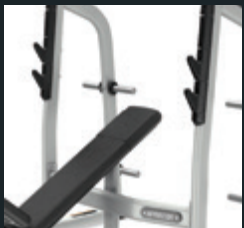
Sturdy

Heavy-duty, oversized tubing, high-impact polyurethane covers and replaceable, non-slip wear guards optimise product strength and durability.



Storage

Bumper plate accommodating weight plate horns, Olympic Bar storage and functional apparatus storage is built in and conveniently located, increasing accessibility and keeping accessories within reach.



Ergonomically Designed

Low bench height profiles accommodate a wide range of exercisers in a stable position that helps minimise external shoulder rotation and allows for unencumbered lifts.

“The new strength half rack was previously missed by both personal trainers and members and it’s addition is considered a huge improvement.”

*Debbie Warne, Sport and Leisure Manager,
Yateleys Health and Fitness Gym*



Discovery Series Benches & Racks Line



DBR0610
Power Rack

- Dimensions (LxWxH):
83 x 63 x 98.5 in (210 x 160 x 250 cm)
- Weight: 278 kg (613 lb)
- Weight Storage Horns: 10
- Max. Lift Load Capacity: 363 kg (800 lb)
- Max. Storage Weight: 817 kg (1800 lb)



DBR0611
Half Rack

- Dimensions (LxWxH):
71 x 61 x 98.5 in (180 x 155 x 250 cm)
- Weight: 205 kg (453 lb)
- Weight Storage Horns: 10
- Max. Lift Load Capacity: 272 kg (600 lb)
- Max. Storage Weight: 817 kg (1800 lb)



Optional Half Rack & Power Rack Accessories

- Band Peg Kit (pair)
- Combo Rack Connector Kit
- Side by Side Connector Kit
- Reverse Bar Catches
- Torso Trainer
- Dip Station (Power Rack only)
- Lifting Platform (3 in / 7.6 cm thick,
8 ft W x 6 ft D / 244 x 183 cm -
A custom logo option is available at
an additional cost)



DBR0608
Olympic Squat Rack

- Dimensions (LxWxH):
67 x 64 x 74.5 in (171 x 163 x 189 cm)
- Weight: 124 kg (273 lb)
- Weight Storage Horns: 8
- Max. Lift Load Capacity: 273 kg (600 lb)
- Max. Storage Weight: 798 kg (1760 lb)



DBR0408
Olympic Flat Bench

- Dimensions (LxWxH):
73 x 65 x 51.2 in (185 x 165 x 130 cm)
- Weight: 85.4 kg (188.3 lb)
- Weight Storage Horns: 8
- Max. Lift Load Capacity: 227 kg (500 lb)
- Max. Storage Weight: 798 kg (1760 lb)



DBR0410
Olympic Incline Bench

- Dimensions (LxWxH):
79 x 65 x 55 in (201 x 165 x 140 cm)
- Weight: 100 kg (221 lb)
- Weight Storage Horns: 8
- Max. Lift Load Capacity: 227 kg (500 lb)
- Max. Storage Weight: 798 kg (1760 lb)

Discovery Series Benches & Racks Line



DBR0411
Olympic Decline Bench

- Dimensions (LxWxH): 83 x 65 x 51.2 in (210 x 165 x 130 cm)
- Weight: 98.4 kg (217 lb)
- Weight Storage Horns: 8
- Max. Lift Load Capacity: 227 kg (500 lb)
- Max. Storage Weight: 798 kg (1760 lb)



DBR0507
Olympic Shoulder Press Bench

- Dimensions (LxWxH): 53.4 x 64 x 72 in (135.5 x 162 x 183 cm)
- Weight: 136.3 kg (301 lb)
- Weight Storage Horns: 4
- Max. Lift Load Capacity: 227 kg (500 lb)
- Max. Storage Weight: 400 kg (880 lb)



DBR0119
Multi-Adjustable Bench

- Dimensions (LxWxH): 55 x 29.5 x 18 in (140 x 75 x 46 cm)
- Weight: 48 kg (106 lb)
- Max. Lift Load Capacity: 181.5 kg (400 lb)



DBR0101
Flat Bench

- Dimensions (LxWxH): 52.4 x 29.5 x 15 in (133 x 75 x 38 cm)
- Weight: 29 kg (64 lb)
- Max. Lift Load Capacity: 91 kg (200 lb)



DBR0116
Multi-Purpose Bench

- Dimensions (LxWxH): 49.2 x 29.5 x 33.3 in (125 x 75 x 84.5 cm)
- Weight: 37.3 kg (82 lb)
- Max. Lift Load Capacity: 91 kg (200 lb)



DBR0113
Adjustable Decline Bench

- Dimensions (LxWxH): 58.3 x 29.5 x 44 in (148 x 75 x 112 cm)
- Weight: 57 kg (125.7 lb)
- Max. Lift Load Capacity: 91 kg (200 lb)



DBR0202
Preacher Curl Bench

- Dimensions (LxWxH): 42.5 x 37 x 36.5 in (108 x 94 x 93 cm)
- Weight: 58 kg (128 lb)



DBR0312
Back Extension

- Dimensions (LxWxH): 53 x 40 x 30 in (133.5 x 101.5 x 76 cm)
- Weight: 64 kg (141 lb)

Discovery Series Benches & Racks Line



DBR0702

Vertical Knee-Up

- Dimensions (LxWxH):
26.5 x 43.3 x 65.5 in (67 x 110 x 166 cm)
- Weight: 91 kg (201 lb)



DBR0808

Barbell Rack

- Dimensions (LxWxH):
41.3 x 33.5 x 59 in (105 x 85 x 150 cm)
- Weight: 83 kg (183 lb)
- Max. Storage Weight: 363 kg (800 lb)



DBR0818

Handle Rack

- Dimensions (LxWxH):
37 x 26 x 42 in (94 x 66 x 107 cm)
- Weight: 57.8 kg (128 lb)
- Max. Storage Weight: 227 kg (500 lb)



DBR0817

Weight Plate Tree

- Dimensions (LxWxH):
26 x 30 x 47 in (65 x 75 x 120 cm)
- Weight: 35 kg (77 lb)
- Weight Storage Horns: 6
- Max. Storage Weight: 454 kg (1000 lb)



DBR0813

Beauty Bell Rack

- Dimensions (LxWxH):
51 x 30.3 x 41 in (130 x 77 x 105 cm)
- Weight: 93 kg (205 lb)
- Max. Storage Weight: 181.5 kg (400 lb)



DBR0814

3 Tier, 10 Pair Dumbbell Rack

- Dimensions (LxWxH):
51 x 30.3 x 41 in (130 x 77 x 105 cm)
- Weight: 96.7 kg (213 lb)
- Max. Storage Weight: 227 kg (500 lb)



DBR0812

2 Tier, 10 Pair Dumbbell Rack

- Dimensions (LxWxH):
87 x 28 x 32 in (221 x 71 x 81 cm)
- Weight: 94 kg (207 lb)
- Max. Storage Weight: 726 kg (1600 lb)



DBR0815

3 Tier, 15 Pair Dumbbell Rack

- Dimensions (LxWxH):
87 x 30.3 x 42 in (220 x 77 x 106 cm)
- Weight: 136 kg (300 lb)
- Max. Storage Weight: 544 kg (1200 lb)

VITALITY SELECTORIZED SERIES VITALITY BENCHES & RACKS



Compact

The Vitality Series is designed with limited space in mind. All machines have a small footprint and a low profile design.



Add-on Weight

Each station features an add-on weight. Exercisers can easily engage the add-on weight with a simple push of a lever.



Easy to Use

Simple, step-by-step instructional placards help exercisers of all levels get set up and include tips to help maximise workouts.



Vitality™ Series Selectorized Line



VSL001BP
CHEST PRESS



VSL015BP
REAR DELT / PEC FLY



VSL024BP
MULTI-PRESS



VSL025BP
BICEPS CURL /
TRICEPS EXTENSION



VSL026BP
PULLDOWN

FEATURES

Frame/Upholstery Color	Black Pearl/Black	Black Pearl/Black	Black Pearl/Black	Black Pearl/Black	Black Pearl/Black
Shroud Color	Transparent Black	Transparent Black	Transparent Black	Transparent Black	Transparent Black
Integrated Add-On Weight	•	•	•	•	•

WEIGHT & DIMENSIONS

Product Weight	464 lb / 210 kg	520 lb / 236 kg	567 lb / 258 kg	395 lb / 180 kg	433 lb / 196 kg
Weight Stack	240 lb / 109 kg	240 lb / 109 kg	240 lb / 109 kg	170 lb / 78 kg	220 lb / 100 kg
Dimensions (LxWxH)	39 x 53 x 70 in 99 x 135 x 178 cm	56 x 52 x 78 in 143 x 132 x 199 cm	58 x 72 x 69 in 148 x 183 x 176 cm	42 x 52 x 61 in 107 x 132 x 155 cm	56 x 54 x 88 in 142 x 130 x 224 cm
Workout Area (LxW)	65 x 51 in 166 x 130 cm	40 x 66 in 102 x 168 cm	96 x 60 in 244 x 152 cm	63 x 43 in 160 x 110 cm	76 x 127 in 193 x 323 cm



VSL014BP
ABDOMINAL



VSL005BP
LEG EXTENSION



VSL008BP
INNER / OUTER THIGH



VSL010BP
LEG PRESS /
CALF EXTENSION



VSL027BP
LEG EXTENSION /
LEG CURL

FEATURES

Frame/Upholstery Color	Black Pearl/Black	Black Pearl/Black	Black Pearl/Black	Black Pearl/Black	Black Pearl/Black
Shroud Color	Transparent Black	Transparent Black	Transparent Black	Transparent Black	Transparent Black
Integrated Add-On Weight	•	•	•	•	•

WEIGHT & DIMENSIONS

Product Weight	480 lb / 218 kg	473 lb / 214 kg	448 lb / 204 kg	631 lb / 287 kg	575 lb / 261 kg
Weight Stack	200 lb / 91 kg	200 lb / 91 kg	170 lb / 78 kg	295 lb / 134kg	240 lb / 109 kg
Dimensions (LxWxH)	57 x 38 x 61 in 145 x 97 x 155 cm	53 x 45 x 61 in 135 x 114 x 155 cm	65 x 32 x 61 in 166 x 82 x 155 cm	76 x 44 x 70 in 193 x 122 x 178 cm	45 x 63 x 61 in 115 x 160 x 155 cm
Workout Area (LxW)	63 x 39 in 160 x 99 cm	69 x 43 in 176 x 109 cm	64 x 69 in 163 x 176 cm	82 x 43 in 209 x 109 cm	71 x 43 in 180 x 109 cm

Vitality™ Series Benches & Racks Line



VBR6117
FLAT INCLINE
DECLINE BENCH



VBR6804
3 TIER, 10 PAIR, FLAT
DUMBBELL RACK



VBR6805
3 TIER, 15 PAIR, FLAT
DUMBBELL RACK



VBR6809
VERTICAL 8 PAIR
DUMBBELL RACK



VBR6814
3 TIER, 10 PAIR, SADDLE
DUMBBELL RACK

FEATURES

Frame/Upholstery Color	Black Pearl/Black	Black Pearl	Black Pearl	Black Pearl	Black Pearl
Weight Storage	-	10 Pair Dumbbells	15 Pair Dumbbells	8 Pair Dumbbells	10 Pair Dumbbells

WEIGHT & DIMENSIONS

Product Weight	82 lb / 37 kg	145 lb / 65 kg	212 lb / 96 kg	88 lb / 40 kg	139 lb / 63 kg
Max. Lift Load Capacity	200 lb / 91 kg	-	-	-	-
Max. User Weight	300 lb / 136 kg	-	-	-	-
Max. Storage Weight	-	550 lb / 249 kg	1200 lb / 544 kg	360 lb / 163 kg	550 lb / 249 kg
Dimensions (LxWxH)	54 x 30 x 18 in 137 x 76 x 46 cm	48 x 30 x 39 in 122 x 77 x 99 cm	80 x 30 x 39 in 203 x 77 x 99 cm	25 x 31 x 56 in 64 x 89 x 141 cm	56 x 30 x 40 in 142 x 77 x 101 cm



VBR6815
3 TIER, 15 PAIR, SADDLE
DUMBBELL RACK



VBR6820
2 TIER HORIZONTAL
KETTLEBELL SHELF



OPT6820
UTILITY & ACCESSORY
STORAGE

FEATURES

Frame/Upholstery Color	Black Pearl	Black Pearl	Black Pearl
Weight Storage	15 Pair Dumbbells		

WEIGHT & DIMENSIONS

Product Weight	178 lb / 81 kg	95 lb / 43 kg	181 lb / 82 kg
Max. Lift Load Capacity	-	-	-
Max. User Weight	-	-	-
Max. Storage Weight	1200 lb / 544 kg	560 lb / 255 kg	590 lb / 432 kg
Dimensions (LxWxH)	82 x 30 x 40 in 208 x 76 x 102 cm	48 x 30 x 23 in 124 x 76 x 58 cm	65 x 30 x 92 165 x 76 x 233

ICARIAN® STRENGTH LINE

With a selection of Cable Machines and Multi-Station products, our Icarian Strength Line is the solid foundation to support your strength offering, making it easy for everyone to begin and progress in strength training.

To complement your facility, every machine is durable, streamlined and available in a variety of colour combinations.



FTS Glide Functional Training System

- Dimensions (LxWxH): 53 x 48 x 85 in (135 x 123 x 216 cm)
- Weight: 305 kg (672 lb)
- Weight Stack: 2 x 200 lb (2 x 91 kg)



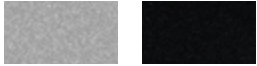
FTS Functional Training System

- Dimensions (LxWxH): 98 x 58 x 91 in (249 x 147 x 230 cm)
- Weight: 382 kg (840 lb)
- Weight Stack: 86 kg (190 lb)
- Adjustable Start Position

Icarian® Functional Selectorized

Colour Options

Standard Frame Colours



Gloss Metallic Silver Black Pearl

Standard Upholstery Colours



Black

- Colours may vary.
- Custom colours are available. Please contact a Precor sales representative.



407B

Adjustable Cable Crossover

- Dimensions (LxWxH): 176 x 43 x 91 in (447 x 109 x 231 cm)
- Weight: 396 kg (870 lb)
- Weight Stack: 91 kg (200 lb)
- Adjustable Start Position



302

Longpull

- Dimensions (LxWxH): 111 x 43 x 93 in (282 x 109 x 236 cm)
- Weight: 268 kg (590 lb)
- Weight Stack: 250 or 300 lb (114 or 136 kg)



304

Pulldown

- Dimensions (LxWxH): 73 x 43 x 92 in (185 x 109 x 234 cm)
- Weight: 248 kg (545 lb)
- Weight Stack: 250 or 300 lb (114 or 136 kg)



320

Dip-Chin Assist

- Dimensions (LxWxH): 61 x 54 x 93 in (155 x 137 x 236 cm)
- Weight: 289 kg (635 lb)
- Weight Stack: 91 kg (200 lb)

Icarian® Functional Selectorized



CW2004 2-Stack

Pulldown, Longpull

Other Configurations

- CW2006: Longpull (2)
- CW2008: Pulldown (2)

CW2055 3-Stack

Dip-Chin Assist, Cable Crossover



CW2131 4-Stack

Pulldown, Longpull, Dip-Chin Assist, Adjustable Hi/Lo Pulley

Other Configurations

- CW2137: Pulldown, Longpull, Adjustable Hi/Lo Pulley (2)
- CW2151: Pulldown (2), Adjustable Hi/Lo Pulley, Dip-Chin Assist
- CW2163: Pulldown, Longpull, Triceps Pushdown, Dip-Chin Assist
- CW2168: Pulldown, Longpull, Triceps Pushdown, Adjustable Hi/Lo Pulley
- CW2180: Cable Crossover, Pulldown, Dip-Chin Assist
- CW2190: Cable Crossover, Pulldown, Longpull



CW2201 5-Stack

Cable Crossover, Pulldown, Longpull, Dip-Chin Assist

Other Configurations

- CW2200: Cable Crossover, Pulldown, Longpull, Adjustable Hi/Lo Pulley
- CW2205: Cable Crossover, Pulldown, Longpull, Adjustable Hi/Lo Pulley

Icarian Multi-Station weight stack shrouds are not available
Cable Crossover has two Adjustable Hi/Lo Pulley stations connected by an overhead beam with pull-up bar

Icarian® Multi-Stations



CW2222 6-Stack

Cable Crossover, Pulldown, Longpull, Adjustable Hi/Lo Pulley, Dip-Chin Assist

Configurations

- CW2223: Cable Crossover, Pulldown, Longpull, Adjustable Hi/Lo Pulley, Dip-Chin Assist
- CW2224: Cable Crossover, Pulldown, Longpull, Adjustable Hi/Lo Pulley, Pulldown
- CW2270: Cable Crossover, Longpull, Triceps Pushdown, Pulldown, Dip-Chin Assist
- CW2275: Cable Crossover, Longpull, Triceps Pushdown, Pulldown, Dip-Chin Assist



CW2505 8-Stack

Cable Crossover, Pulldown (2), Longpull (2), Adjustable Hi/Lo Pulley (2)

Configurations

- CW2501: Cable Crossover, Longpull, Triceps Pushdown, Dip-Chin Assist, Pulldown (2), Adjustable Hi/Lo Pulley
- CW2502: Cable Crossover, Longpull (2), Triceps Pushdown, Dip-Chin Assist, Pulldown (2)
- CW2503: Cable Crossover, Longpull (2), Triceps Pushdown, Dip-Chin Assist, Pulldown, Adjustable Hi/Lo Pulley
- CW2504: Cable Crossover, Pulldown (2), Longpull (2), Dip-Chin Assist, Adjustable Hi/Lo Pulley



CW2912 12-Stack

Cable Crossover (2), Longpull (2), Triceps Pushdown (2), Adjustable Hi/Lo Pulley, Pulldown (2), Dip-Chin Assist

Configurations

- CW2913: Cable Crossover (2), Longpull (3), Triceps Pushdown (2), Pulldown (3)

Icarian Multi-Station weight stack shrouds are not available
Cable Crossover has two Adjustable Hi/Lo Pulley stations connected by an overhead beam with pull-up bar

CORE AND STRETCHING

Ab-X

The unique “floating pivot point” design of the Ab-X creates the ideal “crunch” movement while the contoured pads reduce stress to neck and shoulders.

V-Crunch

Using the body’s own weight as leverage, the V-Crunch allows exercisers to perform leg raises with resistance that’s less than their own body weight.

StretchTrainer 240i

The StretchTrainer 240i enables exercisers to prepare their bodies for a stronger and more satisfying workout.



Ab-X

- Dimensions (LxWxH): 68 x 36 x 38 in (173 x 90 x 97 cm)
- Weight: 68 kg (150 lb)



V-Crunch

- Dimensions (LxWxH): 50 x 28 x 63 in (127 x 71 x 160 cm)
- Weight: 93 kg (205 lb)



StretchTrainer 240i

- Dimensions (LxWxH): 52 x 28 x 36 in (132 x 71 x 91 cm)
- Weight: 68 kg (150 lb)

Colour Options

Frame



Gloss Metallic Silver

Upholstery



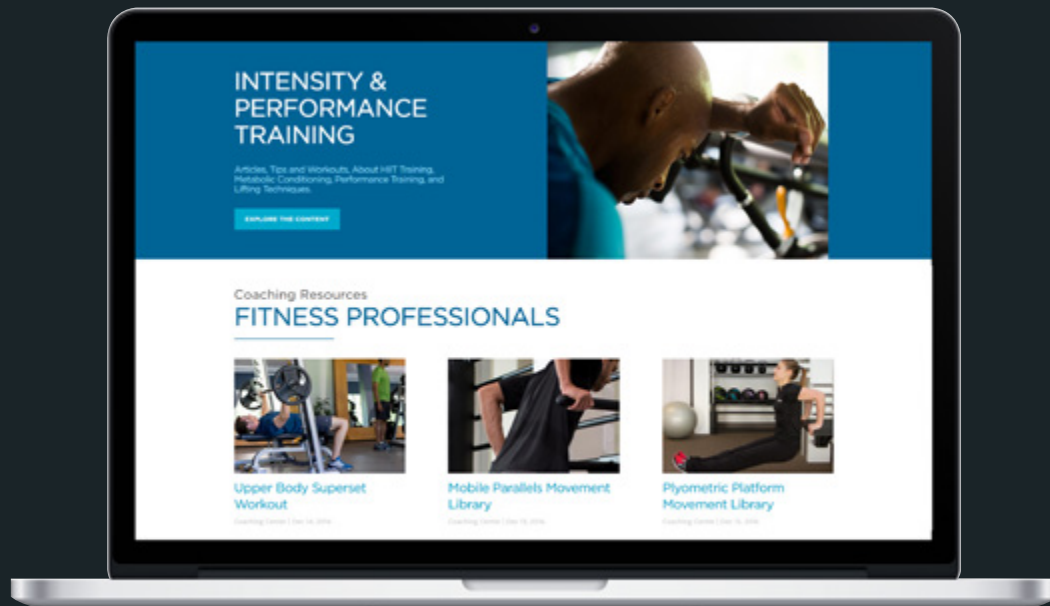
Black

- Colours may vary.
- Custom colours are available. Please contact a Precor sales representative.

GET TIPS FROM THE PROS

Our mission at the Precor Coaching Centre is to help your training staff and exercisers get the most out of your Precor equipment. Whether your trainers have five minutes between clients to catch up on the latest training trends applied to Precor equipment, or you are looking for in-depth onsite training workshops to teach your staff how to drive programming on the equipment, we offer a solution.

The Precor Coaching Centre is your one-stop shop online for the latest Precor education and training resources. Content is optimised for different audiences so you can quickly access the material that is most relevant to your training and your business. We invite you to explore our education channels that are uniquely designed to provide best-in-class content.



precor.com/coaching-centre



Top Features

- Available in six languages and accessible 24/7
- Free of charge, open-access content
- Regular content updates from the Precor coaching team and leading industry educators
- Content is driven by industry trends and fundamental exercise principles
- Video and written content is designed for the time-sensitive fitness educator



SERVICES

“Precor continues to offer a world-class service to the University and our community by offering high quality products at competitive prices. From the sales team to installation and ongoing servicing, Precor have proven their level of professionalism and commitment time and time again and this partnership for our first satellite roll out has been no exception. This facility will prove to be much more than just a gym - offering us a base to engage with the entire Easter Bush community.”

*Cameron Ritchie,
Deputy Director of Operations,
University of Edinburgh Sport*



PLANNING AND DESIGN

Creating Great Workout Environments

Our complete, customised approach to design enables you to create a totally unique fitness environment that reflects your membership profile and represents the aspirations of your business.

We offer a comprehensive design service including:

- Complete design and project management
- Visualisation using 2D and 3D graphics
- Inspirational use of space and natural light
- Custom design tailored to individual requirements
- Access and accessibility as defined by ADA
- Audio/visual planning

FINANCING AND LEASING

The Smart Way to a Better Deal

We realise that every business is unique, which is why we have dedicated, experienced professionals work with you. In strategic partnership with many financial institutions, they'll help assemble financing and leasing packages that meet the needs of your business.

- We have highly knowledgeable and experienced staff to help you make the right decisions for your business
- We can offer a variety of financing solutions
- We are committed to providing you with a fast, efficient and enjoyable financing experience

For more information, please contact your Precor sales representative or one of the team of Precor finance/leasing professionals.



DELIVERY AND INSTALLATION

Professional Attention to Detail

The moment you place your order, we begin the process of making sure you're completely satisfied. From pre-installation site surveys to equipment training and documentation at installation, our team provides first-class communication and attention to detail.

Our extensive network of equipment and AV installers spans the world. We provide them with ongoing service and technical training, so you can be assured of our high standards for quality installation.



SERVICE AND SUPPORT

Adding Predictability to Your Equipment Ownership Experience

Helping you keep your business running smoothly is a top priority for us. Our warranties and extended warranties provide comprehensive coverage from the start. Adding preventative maintenance keeps your equipment running in top shape and when your warranty expires, we offer service agreement options that keep your equipment going. Our payment programmes take the surprises and guesswork out of your equipment maintenance and repair.

About our service:

- We guarantee the work performed by our certified technicians
- 97% of service requests are dispatched within 24 hours
- Over 90% of our customers rated their service experience as good, very good, or excellent¹
- Our off-the-shelf parts availability is 97%

¹Research conducted by TNS 2015



PRECOR MASTER COACHES

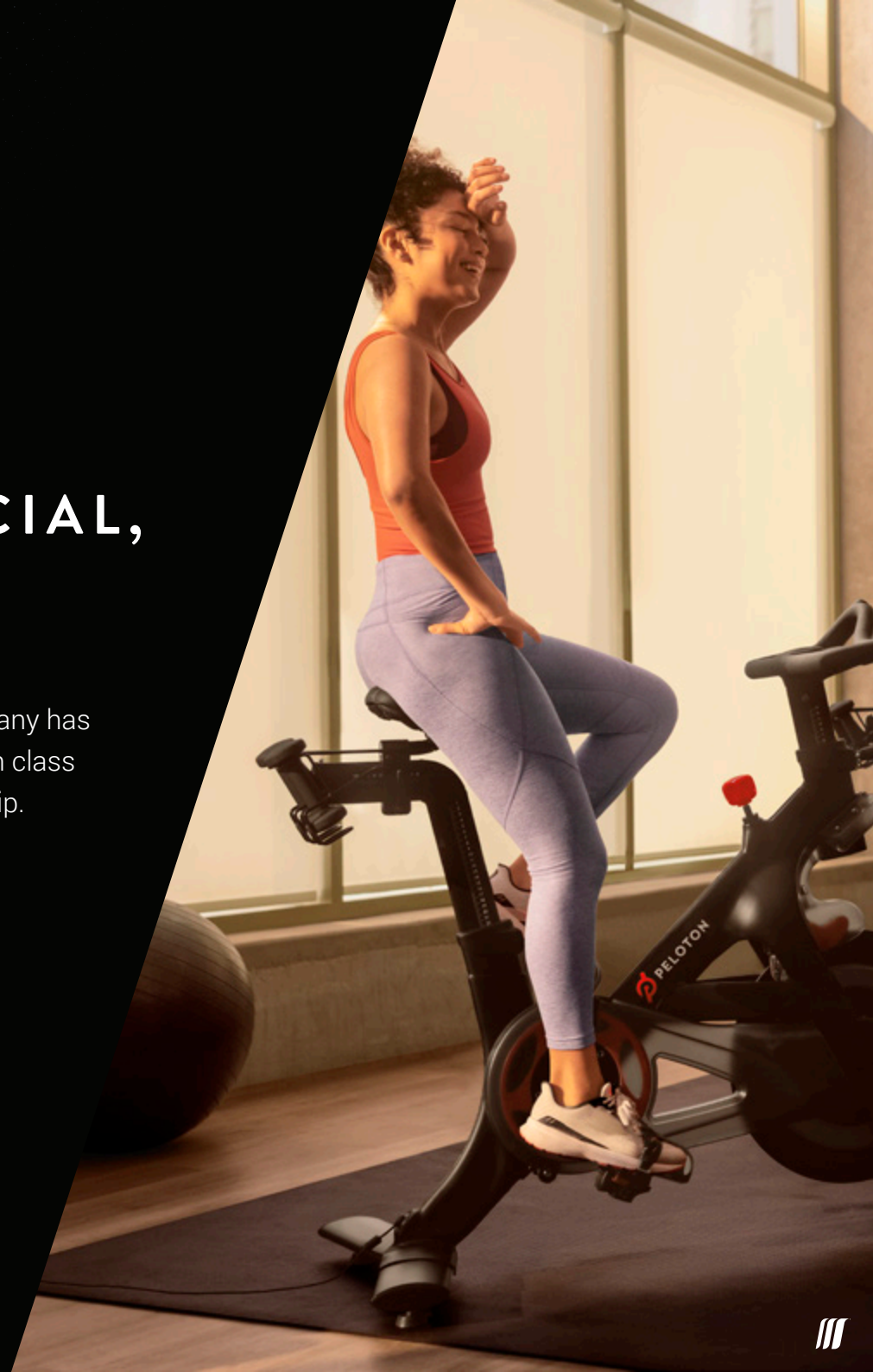




WE ARE PELOTON COMMERCIAL, A DIVISION OF PELOTON

Precor is moving forward as Peloton Commercial and while our parent company has changed, the Precor product portfolio you love will continue to provide best-in class commercial fitness experiences. We look forward to our continued partnership.

TOGETHER WE GO FAR



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