



# PRECOR<sup>®</sup>

COMMERCIAL CATALOGUE



CARDIO | CONNECTED FITNESS | STRENGTH

# WORLD-CLASS FITNESS FOR THE WORLD

At Precor, we work hard to earn customer trust. That means putting the needs of you and your exercisers first – from product design and engineering to sales, installation, and support.

Discover the Precor difference and see why our fitness solutions are preferred by exercisers, trainers, facility operators, and business owners alike in over 100 countries.

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# WHY PRECOR

Three reasons why we're in over 13,000 facilities worldwide

## 1. PEOPLE-FIRST DESIGN

Our extensive design and engineering process prioritises people — operators, exercisers, and servicers. The result? Easy-to-manage equipment that empowers exercisers.

## 2. TRUSTED PARTNER

More than just a product supplier, we've provided full-service, total fitness solutions to customers across industries and continents for over 40 years.

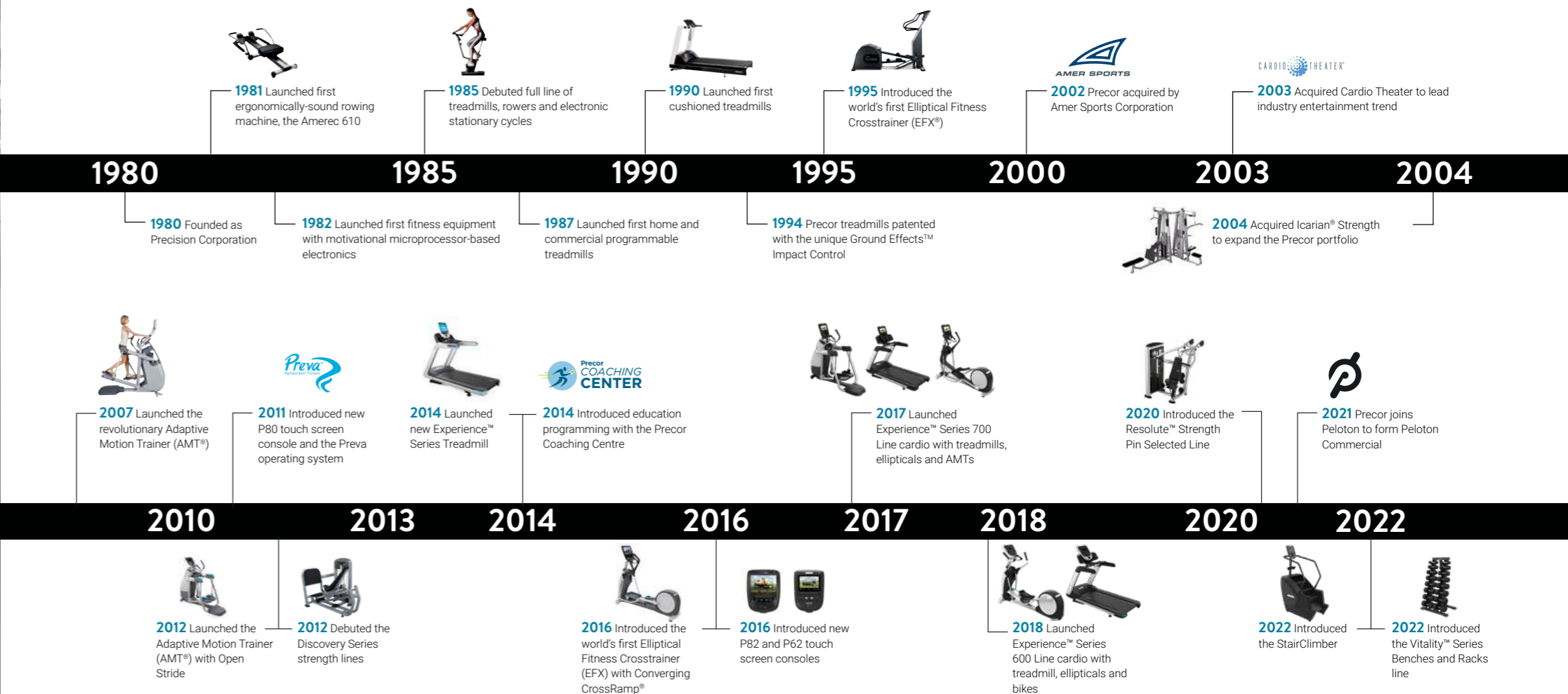
## 3. GLOBAL SCALE, LOCAL TOUCH

Our network of sales, support, service, and distributor partners ensures you have the help you need, where and when you need it.



# One-of-a-kind design, for over 40 years

Our legacy of "firsts" spans the first-ever ergonomic rowing machine and world's premier elliptical — so you know we'll keep your exercisers working out on the forefront of industry insight. With over 500 pending and issued patents worldwide, we sweat every detail to build products that are intuitive to use, easy to maintain, and deliver a low cost of ownership.



# CARDIO

Proven designs, high-performance parts, and premium materials

“

“The state-of-the-art cardio equipment from Precor fits perfectly with the elegant design of our studio. The crosstrainer with the Converging CrossRamp is particularly popular with our members and provides an extremely pleasant training experience for our exercisers.”

*Lars Ossenbeck, Managing Director  
Fit Plus Wildeshausen  
Germany*



EXPERIENCE  
CARDIO

## CARDIO

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Bikes	16



## CARDIO

# Treadmills

A line-up built to adapt to anyone who sets foot on them

- **INTEGRATED FOOTPLANT TECHNOLOGY™ (IFT™)**  
Recognises natural foot speeds and matches strides for a smooth experience.
- **GROUND EFFECTS® IMPACT CONTROL SYSTEM (GFX®)**  
Our patented system that combines ideal cushioning, support and stability.
- **ACTIVE STATUS LIGHT**  
Designed to let you know at a glance the operating condition of your treadmill.
- **QUIET & CLEANABLE**  
Designed to make less noise and with fewer seams for an easy clean.



### 800 LINE

- Incline range: -3% decline to 15% incline
- Speed: 0.8–25 kph + Auto Stop™
- AC Drive System and next-generation motor controller
- Active Status Light for maintenance status at a glance



### 700 LINE

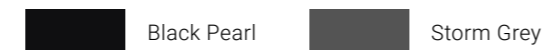
- Incline range: 0–15% incline
- Speed: 0.8–19 kph + Auto Stop™
- AC Drive System and next-generation motor controller
- Active Status Light for maintenance status at a glance



### 600 LINE

- Incline range: 0–15% incline
- Speed: 0.8–19 kph + Auto Stop™
- High-efficiency 3 HP AC motor
- 27 workouts and 19 electronic readouts

#### Frame colour options



VIDEO



PRODUCT SPECS

## CONSOLES



P82



P62



P31

## CARDIO

# Ellipticals

Machines made to mimic the most natural movement

- **EXCLUSIVE CONVERGING CROSSRAMP® TECHNOLOGY**

Mimics the natural converging path of motion while walking or running.

- **ELLIPTICAL EXPERTS**

We've studied and improved elliptical performance for the 25 years since we invented it.

- **ACTIVE STATUS LIGHT**

Designed to let you know the operating condition of your elliptical at a glance.

- **PROTECT AND MAINTAIN**

Easy to clean and maintain with a covered ramp, frame and pivot joints.



### 800 LINE MOVING HANDLEBARS

- A premium experience with all the bells and whistles
- Converging CrossRamp® is adjustable between 10 and 35 degrees
- Moving handlebars for a total body workout
- Active Status Light



### 800 LINE FIXED HANDLEBARS

- A premium experience with all the bells and whistles
- Converging CrossRamp® is adjustable between 10 and 35 degrees
- Fixed handlebars for a lower body workout
- Active Status Light



### 600 LINE MOVING HANDLEBARS

- All the essentials at a value price
- CrossRamp® is adjustable between 10 and 35 degrees
- Moving handlebars for a total body workout



VIDEO



PRODUCT SPECS

#### Frame colour options



Black Pearl



Storm Grey

## CONSOLES



P82



P62



P31



## CARDIO

# StairClimber

A low-maintenance, high-impact machine that stays a step ahead

- **LOST ITEM SLIDE**

Earbuds fell into the gap? A unique design returns personal items without the hassle.

- **EASY ON, EASY OFF**

Thoughtful step-on and step-off platforms make it easy for exercisers of all levels.

- **FAST ACCESS**

To decrease downtime, service panels can be removed in under one minute.

- **DYNAMIC STEP CONTROL™**

Creates a consistent step for your size and speed.



VIDEO



PRODUCT SPECS



## 800 LINE

- Largest step area
- Tested beyond industry standards
- Low maintenance step chain
- Active Status Light
- Recommended ceiling height: 3 m

### Frame colour options



Black Pearl



Storm Grey





## CARDIO

# Adaptive Motion Trainer®

The only one of its kind that lets you climb, cycle, jog or run without impact

- **OPEN STRIDE™ & DYNAMIC ADJUSTABLE STRIDE LENGTH**

Two features. Four movements. Infinite number of workouts.

- **FULL BODY, BETTER RESULTS**

Push and pull handlebars work the upper body for a total body workout.

- **NEXT-LEVEL CARDIO FITNESS**

Research shows that the AMT® drives a high energy expenditure.

- **SAVE ON SPACE, AND COST OF OWNERSHIP**

Packs a big punch yet low energy use.



VIDEO



PRODUCT SPECS



## 800 LINE

- An infinite number of workout options
- Adaptive stride length: 0 to 91 cm
- Adjustable stride height: 5 levels, 17 to 25 cm
- 20 resistance levels

### Frame colour options



Black Pearl



Storm Grey



## CARDIO

# Bikes

Easy-to-use fitness staples, for smooth rides every time

### • STURDY AND SMOOTH

The well-built, durable frame makes for a stable and comfortable ride.

### • QUIET AND CLEANABLE

Designed to make less noise and designed with fewer seams for an easy clean.

### • ULTRA-COMFORTABLE SEAT BACK

Recumbents feature custom-designed, ventilated seat back with unique suspension.

### • ERGONOMICALLY SOUND

Designed for smooth, biomechanically correct pedalling with extra-wide pedals.



PRODUCT SPECS



### 800 LINE UPRIGHT

- Over-moulded handlebars and comfortable saddle design
- Dual-sided pedals with integrated straps
- Simple one-handed seat adjustment
- 25 resistance levels



### 800 LINE RECUMBENT

- Step-through design
- Ventilated, suspension-mounted air flex seat back
- Dual-sided pedals with integrated straps
- Convenient, one-handed seat adjustment
- 25 resistance levels

### Frame colour options



Black Pearl



Storm Grey



### 600 LINE UPRIGHT

- Over-moulded handlebars and comfortable saddle design
- Over-sized pedals with integrated straps
- Familiar pop-pin seat adjustment
- 12 workouts and 18 electronic readouts



### 600 LINE RECUMBENT

- Step-through design
- Ventilated, suspension-mounted air flex seat back
- Over-sized pedals with integrated straps
- Simple single-handed seat adjustment
- 12 workouts and 18 electronic readouts

## CONSOLES



P82



P62



P31

# CONNECTED FITNESS

Personalised platforms for your exercisers and business

“

“One of the great things about Precor equipment is the console. It's large, interactive, and easy-to-read with access to applications that give the user something extra.”

*Philippe Leroy, Owner,  
Le Loft  
France*



EXPERIENCE  
CONNECTED FITNESS

## CONNECTED FITNESS

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## CONNECTED FITNESS

# Consoles

Add another highlight to the facility tour – your cardio floor – featuring consoles from Precor. The clean and proven design of these consoles makes it easy for exercisers, whether new to Precor or familiar, to locate controls, inputs, and adjustments. With a brilliant touchscreen and a simple, intuitive interface, they will draw members deeper into their workout.



- CAPACITIVE TOUCHSCREEN**  
 With a few simple swipes, exercisers select their workout, entertainment and get moving.
- MOBILE DEVICE CHARGER**  
 All consoles feature a convenient mobile device charger to keep the tunes and entertainment flowing.
- MOTION CONTROLS**  
 Large toggle-style controls are within arm's reach making adjustments to speed, resistance and ramps quick and easy.
- READING RACK**  
 The perfect spot for phone and tablet viewing with the bonus of a hole for feeding charging cables to the mobile device charger.
- FEATURED WORKOUT**  
 The touchscreen consoles promote new workouts everyday to prevent boredom and encourage variety.



### P82 TOUCHSCREEN

The P82 is a 15 in (38.1 cm) capacitive touchscreen console with a quad core processor that seamlessly combines a fitness, television and internet experience into one simple design.



### P62 TOUCHSCREEN

The P62 is a 10 in (25.7 cm) capacitive touchscreen console with a dual core processor that injects contemporary design and a premium networked fitness experience to the cardio floor.



### P31 LED

P31 has a powerful combination of smarts and good looks to work harder for you, your servicers and your exercisers. Available with an optional personal viewing system, or an integrated audio receiver.



PRODUCT SPECS



## CONNECTED FITNESS

# Preva® Networked Fitness

Media and metrics to keep your exercisers motivated and you up to speed

- **SYNC UP**

100+ countries connected.

- **GLOBAL CONNECTIONS**

More than 14,000 facilities worldwide.

- **SCREEN TIME**

Over 143,000 consoles around the world and growing.

- **MILEAGE MATTERS**

More than 1 billion workouts recorded and growing every second.



## Delight your exercisers to drive retention

- **PREVA: THE CARDIO CONNECTOR**

Preva is our operating system that pairs with a console of your choice. It connects you to the facility floor and connects your exercisers to everything they need – music, films and more.

- **ON-POINT ENTERTAINMENT**

Preva gives your exercisers access to media like video on demand (VOD) with curated YouTube® playlists plus the ability to connect to personal streaming accounts like Spotify® and Netflix®.

- **INTERFACE WITH INTELLIGENCE**

Better insights are better for everyone. Preva helps exercisers measure activity and track goals and workouts while giving you access to data and insights across your facility.

- **STRENGTHEN YOUR CONNECTION**

Stay connected through Preva Mobile at any time, and keep in touch with your exercisers to keep them motivated. You can even customise the interface to match your branding.





## CONNECTED FITNESS

# Partnerships and integrations



ClubCom leverages the industry-leading Preva open platform to provide custom branded and dedicated tiles that connect to your on-demand video library, personal trainer profiles, group exercise schedules and much more.



Integrating the EGYM cardio training system with Precor cardio equipment makes fitness training easier, more intuitive and motivating. Smart Workouts, an automated system with a brief fitness assessment, targets exercisers with cardio programs that are personalized to each individual and incorporate gamification, making them fun and engaging.



Advagym is a complete strength training and tracking solution that retrofits existing pin selected strength equipment and offers a user app that will guide your exercisers' strength training and improve results.



By means of powerful mathematical algorithms, Vitale can take into account an exerciser's current fitness level, state of mind, available time, training facilities, weekly training frequency and equipment at their disposal to offer a fully personalised and varied training plan with month-by-month changes, to adapt to their progress.



Gantner offers facilities a fully integrated solution for access control, check-in, locker systems, cashless payments and ticket servicing. Furthermore, through RFID technology, members can use their Preva® token to open their locker and access the facility, subsequently streamlining their membership experience.



elan is a club management system that enables members to pay for their membership and other items on offer at their club. elan also allows members to complete operational tasks, such as booking classes or providing the club with feedback. The integration with Preva® offers users RFID log in capabilities in addition to customised console screens based on their membership level.



# STRENGTH

Durable and adaptable strength equipment

“

“We’ve always had one of London’s most extraordinary exercise spaces, but now we also have the latest in high-quality strength equipment to complete the experience that appeals to first-time users and seasoned trainers alike.”

*Olivier Deen, General Manager  
Jubilee Hall Gym  
United Kingdom*



EXPERIENCE  
STRENGTH

## STRENGTH

Resolute™ Pin Selected	28
Vitality™ Pin Selected	38
Discovery™ Plate Loaded	44
Discovery™ Benches & Racks	50
Vitality™ Benches & Racks	58
FTS Glide	62
Functional Pin Selected	64
Core & Stretching	68







## STRENGTH

# Resolute™ Pin Selected

Smooth, quiet operation and a variety of motion paths

- **OPTIMISED FOR THE LONG HAUL**

1.2 million cycles of testing so equipment lasts and looks great while doing it.

- **EASY TO USE**

Illustrated instructions and QR codes leading to teaching and tips from a fitness professional will inspire multiple workouts.

- **BUILT WITH EVERY BODY IN MIND**

Re imagined position and performance design optimises function for all exercisers.

- **HIGH QUALITY, SAY “HELLO” TO PREMIUM DESIGN**

From grips to finishes, every detail is designed for lasting quality and ease of use.



VIDEO



PRODUCT SPECS



### THREE YEARS OF BLOOD, SWEAT AND TEARS

With decades of industry experience and three years of studying, developing and testing, we designed these premium, biomechanically sound products to fit the unique needs of every exerciser.

#### Frame colour options



#### Upholstery colour options





## Resolute™ Pin Selected Upper Body



**RSL0204**  
BICEPS CURL

Dimensions (LxWxH)

122 x 110 x 148 cm

Weight 197 kg

Weight Stack 73 kg



**RSL0208**  
TRICEPS EXTENSION

Dimensions (LxWxH)

122 x 110 x 148 cm

Weight 209 kg

Weight Stack 73 kg



**RSL0215**  
SEATED DIP

Dimensions (LxWxH)

140 x 121 x 148 cm

Weight 266 kg

Weight Stack 109 kg



**RSL0310**  
DIVERGING SEATED ROW

Dimensions (LxWxH)

160 x 139 x 148 cm

Weight 280 kg

Weight Stack 109 kg



**RSL0314**  
DIVERGING LAT PULLDOWN

Dimensions (LxWxH)

146 x 126 x 206 cm

Weight 266 kg

Weight Stack 109 kg



**RSL0324**  
DIVERGING LOW ROW

Dimensions (LxWxH)

201 x 121 x 148 cm

Weight 264 kg

Weight Stack 109 kg



# Resolute™ Pin Selected upper/lower body



**RSL0414**  
CONVERGING CHEST PRESS

Dimensions (LxWxH)  
185 x 126 x 185 cm  
Weight 269 kg  
Weight Stack 109 kg



**RSL0504**  
LATERAL RAISE

Dimensions (LxWxH)  
137 x 125 x 148 cm  
Weight 231 kg  
Weight Stack 73 kg



**RSL0505**  
REAR DELT PEC FLY

Dimensions (LxWxH)  
142 x 97 x 214 cm  
Weight 265 kg  
Weight Stack 109 kg



**RSL0515**  
CONVERGING SHOULDER PRESS

Dimensions (LxWxH)  
155 x 150 x 152 cm  
Weight 253 kg  
Weight Stack 91 kg



**RSL0618**  
GLUTE EXTENSION

Dimensions (LxWxH)  
137 x 102 x 148 cm  
Weight 216 kg  
Weight Stack 73 kg



**RSL0623**  
SEATED CALF EXTENSION

Dimensions (LxWxH)  
135 x 112 x 148 cm  
Weight 311 kg  
Weight Stack 182 kg

## Resolute™ Selectorized lower body



**RSL0602**  
LEG PRESS

Dimensions (LxWxH)

196 x 122 x 148 cm

Weight 375 kg

Weight Stack 182 kg



**RSL0605**  
LEG EXTENSION

Dimensions (LxWxH)

155 x 127 x 148 cm

Weight 280 kg

Weight Stack 109 kg



**RSL0606**  
PRONE LEG CURL

Dimensions (LxWxH)

155 x 122 x 148 cm

Weight 235 kg

Weight Stack 91 kg



**RSL0619**  
SEATED LEG CURL

Dimensions (LxWxH)

160 x 122 x 148 cm

Weight 277 kg

Weight Stack 109 kg



**RSL0620**  
INNER THIGH

Dimensions (LxWxH)

180 x 76 x 148 cm

Weight 260 kg

Weight Stack 91 kg



**RSL0621**  
OUTER THIGH

Dimensions (LxWxH)

180 x 76 x 148 cm

Weight 260 kg

Weight Stack 91 kg



# Resolute™ Pin Selected core



**RSL0315**  
ROTARY TORSO

Dimensions (LxWxH)  
122 x 110 x 148 cm  
Weight 210 kg  
Weight Stack 73 kg



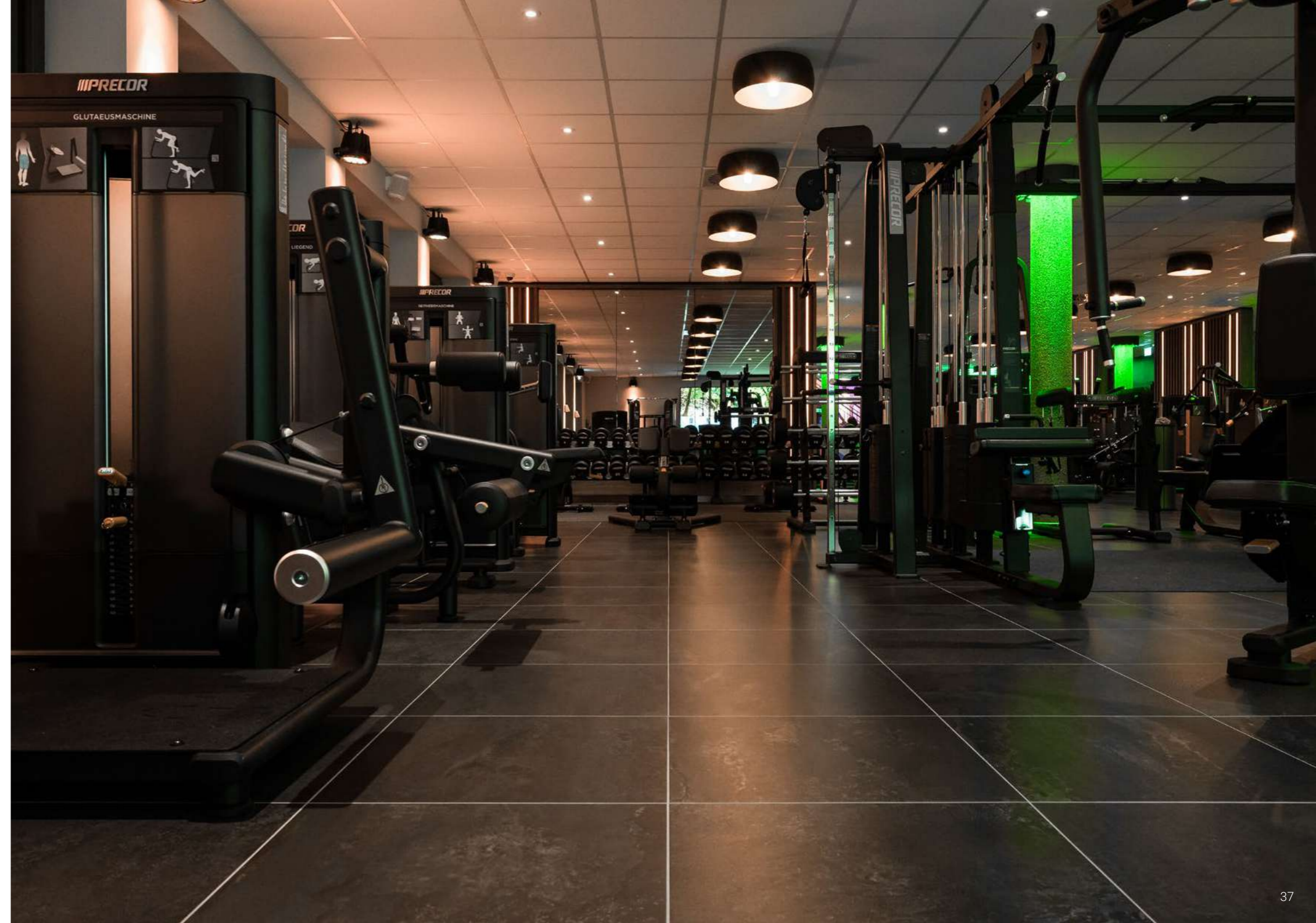
**RSL0313**  
BACK EXTENSION

Dimensions (LxWxH)  
122 x 124 x 148 cm  
Weight 242 kg  
Weight Stack 91 kg



**RSL0714**  
ABDOMINAL

Dimensions (LxWxH)  
160 x 122 x 148 cm  
Weight 277 kg  
Weight Stack 109 kg







## STRENGTH

# Vitality™ Pin Selected

Luxe look, compact and a variety of motion paths

- **DUALS DELIVER 2 FOR 1**

More than half of the Vitality line features dual exercise models.

- **UPSCALE CONTEMPORARY STYLING**

Easily blends with Vitality Benches & Racks and Resolute Strength™ Pin Selected.

- **EASY TO USE**

Step-by-step placards are a helpful boost in unstaffed facilities.

- **DESIGNED WITH LIMITED SPACE IN MIND**

All models have a smaller footprint and low profile design.



PRODUCT SPECS



### OPTIMISED FOR THE LONG HAUL

Vitality Series Pin Selected delivers on what's vital in a comprehensive conditioning circuit: workout variety, ease of use, space efficiency – all at a budget-friendly price.

#### Frame colour options

 Black Pearl

#### Upholstery colour options

 Black



# Vitality™ Pin Selected upper body



**VSL001BP**  
CHEST PRESS

Dimensions (LxWxH)  
99 x 132 x 176 cm  
Weight 222 kg  
Weight Stack 109 kg



**VSL015BP**  
REAR-DELT / PEC FLY

Dimensions (LxWxH)  
142 x 137 x 199 cm  
Weight 241 kg  
Weight Stack 109 kg



**VSL024BP**  
MULTI-PRESS

Dimensions (LxWxH)  
183 x 148 x 176 cm  
Weight 257 kg  
Weight Stack 109 kg



**VSL025BP**  
BICEPS CURL / TRICEP EXTENSION

Dimensions (LxWxH)  
132 x 107 x 152 cm  
Weight 203 kg  
Weight Stack 78 kg



**VSL026BP**  
PULLDOWN

Dimensions (LxWxH)  
201 x 131 x 221 cm  
Weight 228 kg  
Weight Stack 100 kg



**VSL014BP**  
ABDOMINAL

Dimensions (LxWxH)  
145 x 97 x 152 cm  
Weight 228 kg  
Weight Stack 91 kg

# Vitality™ Pin Selected lower body

VITALITY™ PIN SELECTED – LOWER BODY



**VSL005BP**  
LEG EXTENSION

Dimensions (LxWxH)  
124 x 114 x 152 cm  
Weight 221 kg  
Weight Stack 91 kg



**VSL008BP**  
INNER / OUTER THIGH

Dimensions (LxWxH)  
165 x 81 x 152 cm  
Weight 201 kg  
Weight Stack 77 kg



**VSL010BP**  
LEG PRESS / CALF EXTENSION

Dimensions (LxWxH)  
193 x 112 x 176 cm  
Weight 289 kg  
Weight Stack 134 kg



**VSL027BP**  
LEG EXTENSION / LEG CURL

Dimensions (LxWxH)  
140 x 114 x 152 cm  
Weight 265 kg  
Weight Stack 109 kg



“

“Precor’s Plate Loaded stations are heavy duty and durable, but easy to work with – it’s simple and non-intimidating. We are seeing more and more members venturing into our strength area thanks to Precor.”

Nicolas Gavrielides, Operations Manager  
Neoness  
France



## PLATE LOADED

# Discovery™ Plate Loaded

Put some luxe in that lift

- **DESIGNED FOR THE MASSES TO ADD MASS**

Approachable and easy for first timers, but adaptive for the seasoned athlete.

- **LONG-LIVED PERFORMANCE**

Durable, solid frame built to perform for the long run and the most intense use.

- **SIMPLE SOPHISTICATION**

Premium finish, clean lines and open design make sure the look stands the test of time.



PRODUCT SPECS

## DISCOVERY™ PLATE LOADED



### DPL0802 SMITH MACHINE

**Dimensions (LxWxH)**

148 x 213 x 231 cm

**Weight** 188 kg

**Start Weight** 16 kg

**Max. Lift Load Capacity** 272 kg

**Angle of Glide Path** 11 degrees

**Frame colour options**



**Upholstery colour options**



# Discovery™ Plate Loaded



**DPL0603**  
**HACK SQUAT**  
 Dimensions (LxWxH)  
 208 x 162 x 148 cm  
 Weight 220 kg  
 Start Weight 40 kg  
 Max. Lift Load Capacity 327 kg



**DPL0601**  
**ANGLED LEG PRESS**  
 Dimensions (LxWxH)  
 244 x 145 x 145 cm  
 Weight 270 kg  
 Start Weight 62 kg  
 Max. Lift Load Capacity 490 kg



**DPL0616**  
**CALF RAISE**  
 Dimensions (LxWxH)  
 150 x 76 x 102 cm  
 Weight 75 kg  
 Start Weight 11 kg  
 Max. Lift Load Capacity 204 kg



**DPL0624**  
**SQUAT MACHINE**  
 Dimensions (LxWxH)  
 231 x 170 x 155 cm  
 Weight 226 kg  
 Start Weight 18 kg  
 Max. Lift Load Capacity 245 kg



**DPL0520**  
**BICEPS CURL**  
 Dimensions (LxWxH)  
 135 x 97 x 122 cm  
 Weight 117 kg  
 Start Weight 5.4 kg  
 Max. Lift Load Capacity 102 kg



**DPL0521**  
**SEATED DIP**  
 Dimensions (LxWxH)  
 183 x 104 x 94 cm  
 Weight 130 kg  
 Start Weight 3.6 kg  
 Max. Lift Load Capacity 163 kg



# Discovery™ Plate Loaded



**DPL0540**  
CHEST PRESS

Dimensions (LxWxH)  
110 x 170 x 176 cm  
Weight 160 kg  
Start Weight 5.5 kg  
Max. Lift Load Capacity 204 kg



**DPL0541**  
INCLINE PRESS

Dimensions (LxWxH)  
110 x 198 x 179 cm  
Weight 157 kg  
Start Weight 5.5 kg  
Max. Lift Load Capacity 204 kg



**DPL0550**  
SHOULDER PRESS

Dimensions (LxWxH)  
145 x 155 x 157 cm  
Weight 141 kg  
Start Weight 4.5 kg  
Max. Lift Load Capacity 163 kg



**DPL0305**  
PULLDOWN

Dimensions (LxWxH)  
168 x 130 x 194 cm  
Weight 148 kg  
Start Weight 2.5 kg  
Max. Lift Load Capacity 204 kg



**DPL0309**  
SEATED ROW

Dimensions (LxWxH)  
148 x 127 x 124 cm  
Weight 154 kg  
Start Weight 4.5 kg  
Max. Lift Load Capacity 204 kg



**DPL0311**  
INCLINE LEVER ROW

Dimensions (LxWxH)  
190.5 x 99 x 121 cm  
Weight 87 kg  
Start Weight 18 kg  
Max. Lift Load Capacity 127 kg

## STRENGTH

# Discovery™ Benches & Racks

The perfect tools for seasoned lifters and those new to strength training

- **BUILT FOR THE MASSES TO ADD MASS**

Approachable and easy for first-timers, but adaptive for the seasoned athlete.

- **LONG-LIVED PERFORMANCE**

Intelligent design and optimised durability, so you can make your strength purchase with confidence.

- **CONVENIENT STORAGE**

Thoughtful and functional built-in storage puts accessories within reach.



PRODUCT SPECS



### DBR0610 POWER RACK

**Dimensions (LxWxH)**

211 x 160 x 250 cm

**Weight** 278 kg

**Weight Storage Horns** 10

**Max. Lift Load Capacity** 363 kg

**Max. Storage Weight** 817 kg

**Frame colour options**



### DBR0611 HALF RACK

**Dimensions (LxWxH)**

180 x 155 x 250 cm

**Weight** 205 kg

**Weight Storage Horns** 10

**Max. Lift Load Capacity** 272 kg

**Max. Storage Weight** 817 kg

**Upholstery colour options**



## DISCOVERY™ BENCHES & RACKS



### OPTIONAL HALF RACK & POWER RACK ACCESSORIES

- Band Peg Kit (pair)
- Combo Rack Connector Kit
- Side by Side Connector Kit
- Reverse Bar Catches
- Torso Trainer
- Dip Station (Power Rack only)
- Olympic Lifting Platforms and inserts (9.4 cm thick, approximately 244 cm W x 183 cm D, excluding inserts). A custom logo option is available at an additional cost



# Discovery™ Benches & Racks



**DBR0608**  
OLYMPIC SQUAT RACK

**Dimensions (LxWxH)**  
171 x 163 x 189 cm  
**Weight** 124 kg  
**Weight Storage Horns** 8  
**Max. Lift Load Capacity** 273 kg  
**Max. Storage Weight** 798 kg



**DBR0408**  
OLYMPIC FLAT BENCH

**Dimensions (LxWxH)**  
183 x 165 x 130 cm  
**Weight** 85 kg  
**Weight Storage Horns** 8  
**Max. Lift Load Capacity** 227 kg  
**Max. Storage Weight** 798 kg



**DBR0410**  
OLYMPIC INCLINE BENCH

**Dimensions (LxWxH)**  
201 x 165 x 140 cm  
**Weight** 100 kg  
**Weight Storage Horns** 8  
**Max. Lift Load Capacity** 227 kg  
**Max. Storage Weight** 798 kg



**DBR0411**  
OLYMPIC DECLINE BENCH

**Dimensions (LxWxH)**  
211 x 165 x 130 cm  
**Weight** 98 kg  
**Weight Storage Horns** 8  
**Max. Lift Load Capacity** 227 kg  
**Max. Storage Weight** 798 kg



**DBR0119**  
MULTI-ADJUSTABLE BENCH

**Dimensions (LxWxH)**  
140 x 75 x 46 cm  
**Weight** 48 kg  
**Max. Lift Load Capacity** 182 kg



**DBR0101**  
FLAT BENCH

**Dimensions (LxWxH)**  
132 x 76 x 38 cm  
**Weight** 29 kg  
**Max. Lift Load Capacity** 182 kg

# Discovery™ Benches & Racks



**DBR0116**  
MULTI-PURPOSE BENCH

**Dimensions (LxWxH)**  
125 x 76 x 84 cm  
**Weight** 37 kg  
**Max. Lift Load Capacity** 182 kg



**DBR0113**  
ADJUSTABLE DECLINE BENCH

**Dimensions (LxWxH)**  
147 x 76 x 112 cm  
**Weight** 57 kg  
**Max. Lift Load Capacity** 182 kg



**DBR0202**  
PREACHER CURL BENCH

**Dimensions (LxWxH)**  
107 x 94 x 91 cm  
**Weight** 58 kg  
**Max. Lift Load Capacity** 182 kg



**DBR0312**  
BACK EXTENSION

**Dimensions (LxWxH)**  
135 x 102 x 76 cm  
**Weight** 64 kg  
**Max. Lift Load Capacity** 45.4 kg



**DBR0702**  
VERTICAL KNEE-UP

**Dimensions (LxWxH)**  
69 x 109 x 168 cm  
**Weight** 91 kg  
**Max. Lift Load Capacity** 45.4 kg



**DBR0808**  
BARBELL RACK

**Dimensions (LxWxH)**  
104 x 86 x 150 cm  
**Weight** 83 kg  
**Max. Storage Weight** 363 kg



# Discovery™ Benches & Racks



**DBR0818**  
HANDLE RACK  
Dimensions (LxWxH)  
94 x 66 x 107 cm  
Weight 58 kg  
Max. Storage Weight 227 kg



**DBR0817**  
WEIGHT PLATE TREE  
Dimensions (LxWxH)  
65 x 75 x 119 cm  
Weight 35 kg  
Weight Storage Horns 6  
Max. Storage Weight 454 kg



**DBR0813**  
BEAUTY BELL RACK  
Dimensions (LxWxH)  
130 x 77 x 104 cm  
Weight 93 kg  
Max. Storage Weight 181.5 kg



**DBR0814**  
3 TIER, 10 PAIR DUMBBELL RACK  
Dimensions (LxWxH)  
130 x 77 x 104 cm  
Weight 97 kg  
Max. Storage Weight 227 kg



**DBR0812**  
2 TIER, 10 PAIR DUMBBELL RACK  
Dimensions (LxWxH)  
221 x 71 x 81 cm  
Weight 94 kg  
Max. Storage Weight 726 kg



**DBR0815**  
3 TIER, 15 PAIR DUMBBELL RACK  
Dimensions (LxWxH)  
221 x 77 x 107 cm  
Weight 136 kg  
Max. Storage Weight 544 kg

## STRENGTH

# Vitality™ Benches & Racks

Offers great exercise variety for smaller spaces

- **MAKE A STRONG FIRST IMPRESSION**

High-quality materials and construction deliver a premium appearance for years to come.

- **MEETS THE PREMIUM STANDARD**

Tested and warranted to the same standards as our premium strength lines.

- **DESIGNED TO COMPLEMENT**

Mixes and matches with FTS Glide, Resolute Strength and Discovery Series.



**VBR6117**  
FLAT INCLINE DECLINE BENCH

**Dimensions (LxWxH)**  
137 x 76 x 46 cm  
**Weight** 37 kg  
**Max. Lift Load Capacity** 91 kg

**Frame colour options**

 Black Pearl

**Upholstery colour options**

 Black



**VBR6804**  
3 TIER, 10 PAIR FLAT DUMBBELL RACK

**Dimensions (LxWxH)**  
122 x 76 x 99 cm  
**Weight** 65 kg  
**Max. Storage Weight** 249 kg



**VBR6805**  
3 TIER, 15 PAIR FLAT DUMBBELL RACK

**Dimensions (LxWxH)**  
203 x 76 x 99 cm  
**Weight** 96 kg  
**Max. Storage Weight** 544 kg



PRODUCT SPECS



# Vitality™ Benches & Racks



**VBR6809**  
VERTICAL 8 PAIR DUMBBELL RACK  
  
Dimensions (LxWxH)  
64 x 79 x 141 cm  
**Weight** 40 kg  
**Max. Storage Weight** 163 kg



**VBR6814**  
3 TIER, 10 PAIR SADDLE DUMBBELL RACK  
  
Dimensions (LxWxH)  
142 x 76 x 102 cm  
**Weight** 63 kg  
**Max. Storage Weight** 249 kg



**VBR6815**  
3 TIER, 15 PAIR SADDLE DUMBBELL RACK  
  
Dimensions (LxWxH)  
208 x 76 x 102 cm  
**Weight** 81 kg  
**Max. Storage Weight** 544 kg



**VBR6820B**  
2 TIER, HORIZONTAL KETTLEBELL SHELF  
  
Dimensions (LxWxH)  
122 x 76 x 58 cm  
**Weight** 43 kg  
**Max. Storage Weight** 255 kg



**VBR6820**  
UTILITY AND ACCESSORY STORAGE\*  
  
Dimensions (LxWxH)  
165 x 76 x 234 cm  
**Weight** 82 kg  
**Max. Storage Weight** 322 kg  
  
\*Unit includes kettlebell shelves





## STRENGTH

# FTS Glide

Compact functional training system that delivers near-endless possibilities

- **SMALL PACKAGE. BIG PUNCH.**

A serious full-body workout in the compact footprint of a single machine.

- **ONE MACHINE. LIMITLESS POTENTIAL.**

Push, pull, press, curl and extend for dozens of workouts for every muscle.

- **RELIABLY DURABLE**

Equipment that stands the test of time, backed by industry-best service.

- **EASY TO USE**

Illustrated instructions teach and inspire multiple workouts.

- **CONVENIENT STORAGE**

Thoughtful and functional built-in storage puts accessories within reach.



VIDEO



PRODUCT SPECS



### FTS GLIDE FUNCTIONAL TRAINING SYSTEM

**Dimensions (LxWxH)**

135 x 122 x 216 cm

**Weight** 305 kg

**Weight Stack** 2 x 91 kg

**Frame colour options**



Black Pearl



Gloss Metallic Silver



## STRENGTH

# Functional Pin Selected

A tried and true must-have for your functional strength area

- **TRAIN FOR DAY-TO-DAY DEMANDS**

Pushing-pulling-twisting-lifting movements prepare exercisers for life.

- **ADD TRAINING VARIETY**

Choose from an assortment of optional handles, grips and bars.

- **PROVEN RECORD**

With decades of real world use, you can count on our Multi-Stations for the long haul.



## FUNCTIONAL PIN SELECTED



### 302 LONGPULL

**Dimensions (LxWxH)**  
282 x 110 x 236 cm  
**Weight** 268 kg  
**Weight Stack** 114 or 136 kg

#### Frame colour options

 Black Pearl  Gloss Metallic Silver



### 304 PULLDOWN

**Dimensions (LxWxH)**  
185 x 110 x 234 cm  
**Weight** 248 kg  
**Weight Stack** 114 or 136 kg

#### Upholstery colour options

 Black



### 320 DIP-CHIN ASSIST

**Dimensions (LxWxH)**  
155 x 137 x 236 cm  
**Weight** 289 kg  
**Weight Stack** 91 kg



PRODUCT SPECS

# Functional Pin Selected



**FTS**  
FUNCTIONAL TRAINING SYSTEM

**Dimensions (LxWxH)**  
249 x 148 x 231 cm  
**Weight** 382 kg  
**Weight Stack** 86 kg



**407B**  
ADJUSTABLE CABLE CROSSOVER

**Dimensions (LxWxH)**  
447 x 110 x 231 cm  
**Weight** 396 kg  
**Weight Stack** 68 kg



**820**  
MULTI-GYM

**Dimensions (LxWxH)**  
465 x 401 x 234 cm  
**Weight** 1475 kg  
**Optional add-on weights**



**CW2205**  
5-STACK

**Cable Crossover, Pulldown, Longpull, Adjustable Hi-Lo Pulley**  
**Other Configurations**  
**CW2190** 4-Stack Cable Crossover, Pulldown, Longpull  
**CW2200** 5-Stack Cable Crossover, Pulldown, Longpull, Adjustable Hi/Lo Pulley





## CORE AND STRETCHING

# Strengthen and stretch off the floor

### AB-X

The unique "floating pivot point" design of the Ab-X creates the ideal "crunch" movement while the contoured pads reduce stress to neck and shoulders.

### STRETCHTRAINER™ 240I

The StretchTrainer 240i enables exercisers to prepare their bodies for a stronger and more satisfying workout.



VIDEO



PRODUCT SPECS




### AB-X

Dimensions (LxWxH)

173 x 91 x 97 cm

Weight 68 kg

#### Frame colour options

 Gloss Metallic Silver



### STRETCHTRAINER 240I

Dimensions (LxWxH)

132 x 71 x 91 cm

Weight 68 kg

#### Upholstery colour options

 Black



# SERVICES

Full-service offerings, tailored to help your brand or community grow

“

“Club image is very important to us, so we need our equipment working faultlessly at all times. We’ve always received attentive and professional service from Precor, and the package has more than paid for itself.”

*Adria Santamaria, Club Manager  
Anytime Fitness  
Spain*



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## SERVICES

# Planning & Design

Our complete, customised approach to design enables you to create a totally unique fitness environment that reflects your membership profile and represents the aspirations of your business.

- Complete design and project management
- Visualisation using 2D and 3D graphics
- Inspirational use of space and natural light
- Custom design tailored to individual requirements
- Access and accessibility as defined by the Americans with Disabilities Act (ADA)
- Audio/visual planning



SPACE PLANNER

# Financing & Leasing

We realise that every business is unique, which is why we have dedicated, experienced professionals work with you. In strategic partnership with many financial institutions, they'll help assemble financing and leasing packages that meet the needs of your business.

- We have highly knowledgeable and experienced staff to help you make the right decisions for your business
- We can offer a variety of financing solutions
- We are committed to providing you with a fast, efficient and enjoyable financing experience



CONTACT SALES

# Delivery & Installation

The moment you place your order, we begin the process of making sure you're completely satisfied. From pre-installation site surveys to equipment training and documentation at installation, our team provides first-class communication and attention to detail.

Our extensive network of equipment and AV installers spans the world. We provide them with ongoing service and technical training, so you can be assured of our high standards for quality installation.



LEARN MORE

# Service & Support

Our warranties and extended warranties provide comprehensive coverage from the start. Adding preventative maintenance keeps your equipment running in top shape and when your warranty expires, we offer service agreement options that keep your equipment going. Our payment programmes take the surprises and guesswork out of your equipment maintenance and repair.



LEARN MORE





## SERVICES

# Movement Library

Quickly access more than a thousand movements and tutorials for Precor cardio, strength, Queenax®, and other functional training equipment to support your training and business.

- English-only video and written materials for the time-sensitive fitness educator
- Includes guidelines for safe set up of equipment and movements
- Content is driven by industry trends and fundamental exercise principles
- Free of charge, 24/7 open-access



**MOVEMENT LIBRARY**

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“

“As the UAE’s flagship fitness hub, and the region’s largest facility, we needed world-class equipment and technology to cement our position. We have an extraordinary exercise space and Precor offered the latest in high-quality equipment to complete the experience.”

*Nikesh Naik,  
General Manager Wellfit Dubai,  
UAE*







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